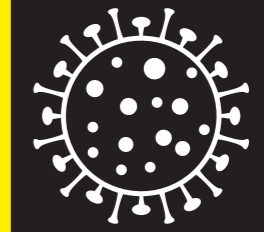# Coronavirus **COVID-19**

Coronavirus **COVID-19** Public Health Advice

Stay home. Stay safe. Protect each other.

Know the symptoms. If you have them, self-isolate and contact a GP. Continue to:

Wash
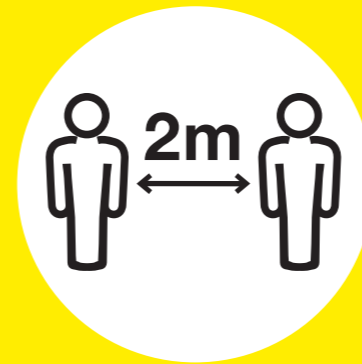your hands well and often to avoid contamination.

Cover
your mouth and nose with a tissue or sleeve when coughing or sneezing and discard used tissue safely.

Limit
contact with others when out and about.

Distance
yourself at least 2 metres (6 feet) away from other people, especially those who might be unwell.

2m

Symptoms of COVID-19

> a fever (high temperature - 38 degrees Celsius or above)
> a cough - this can be any kind of cough, not just dry
> shortness of breath or breathing difficulties

#holdfirm

Ireland's public health advice is guided by **WHO** and **ECDC** advice

HSE

Rialtas na hÉireann
Government of Ireland