Identification of a High Diversity of *Cryptosporidium* Species Genotypes and Subtypes in a Pediatric Population in Nigeria

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Abstract. A longitudinal study was conducted to determine the epidemiology of Cryptosporidium in 1,636 children in Nigeria. Oocyst prevalence ranged from 15.6% to 19.6% over one year. Cryptosporidium hominis (34), C. parvum (25), C. parvum/C. hominis (4), C. meleagridis (5), Cryptosporidium rabbit genotype (5), Cryptosporidium cervine genotype (3), and C. canis (1) were identified by polymerase chain reaction–restriction fragment length polymorphism analysis. Glycoprotein 60 subgenotyping showed that 28 amplifiable C. hominis isolates consisted of 12 subtypes that belonged to 5 subtype families (1a, 1b, 1d, 1e, and 1 novel subtype family, 1h) and 23 amplifiable C. parvum isolates consisted of 6 subtypes that belonged to 4 subtype families (IIa, IIc, Iii, and IIm). Three C. meleagridis isolates sub-genotyped by sequence analysis of the small subunit ribosomal RNA gene fragment were type 1. This study is the first one to genetically characterize Cryptosporidium species and subtypes in Nigeria and highlights the presence of a high Cryptosporidium diversity in this pediatric population.

INTRODUCTION

The apicomplexan protozoan parasite *Cryptosporidium* is the causative agent of the diarrheal disease cryptosporidiosis and infection can lead to severe dehydration and death in immunocompromised patients.¹ Children are a high risk group for infection, those less than five years of age are most susceptible,² and cryptosporidiosis may have long-term negative effects on their growth and cognitive development.^{3,4} Studies indicate that prevalence varies geographically, with increased prevalence in developing countries, and temporally, with higher rates reported during the rainy season in many tropical countries.⁴⁻⁷

A range of *Cryptosporidium* species, genotypes, and subtypes infect humans, and each may have different sources of infection, transmission routes, and pathogenicity.^{8–10} Thus, identifying the species present in a population is crucial for identifying risk factors for transmission and implementing control programs to limit exposure to infectious oocysts.

Currently, there are 20 described species of *Cryptosporidium* of which 8 species (C. hominis, C. parvum, C. meleagridis, C. felis, C. canis, C. suis, C. muris, and C. andersoni) and 6 unnamed species (Cryptosporidium cervine, monkey, skunk, rabbit, horse, and chipmunk genotypes) infect immunocompetent and immunocompromised humans. 11-13 Cryptosporidium hominis and C. parvum are the most frequently detected, and C. hominis infections are more common in developing countries.5,7,14-18 Both species have different host ranges. Although C. hominis is confined mostly to humans, C. parvum infects humans and ruminants. However, subgenotyping C. hominis and C. parvum into subtype families by sequencing a locus on the 60-kD glycoprotein (GP60) gene¹⁹ has provided a clearer understanding of the transmission dynamics and host specificity of these species. It appears that not all human C. parvum infections are a result of zoonotic transmission as some C. parvum subtypes seem to circulate only in humans.^{20,21} Although cryptosporidiosis is prevalent in developing countries, genetic characterCryptosporidium meleagridis, although not found as commonly as C. hominis and C. parvum, is the third most common infection in humans. 4.5,14,18,24,25 Two subtypes of C. meleagridis have been identified at the small subunit (SSU) ribosomal RNA (rRNA) gene locus, and six 6 subtypes have been identified at the GP60 gene locus, 26 which indicate possible heterogeneity in host range, and therefore routes of transmission, for C. meleagridis.

The present study determines the prevalence, temporal variability, and molecular epidemiology of *Cryptosporidium* in a pediatric population in Osun State, Nigeria.

MATERIALS AND METHODS

Study population and sample collection. This study was carried out in four semi-urban villages in Ile-Ife, Osun State, Nigeria. These villages (Ipetumodu, Akinlalu, Edunabon, and Moro) are located within 15 km of Ile-Ife town.²⁷ The study was part of a parallel project set up in May 2006 that investigated the interactions between Ascaris and malaria infections.²⁷ A total of 2,332 children (age range = 6 months–6 years) were enrolled into the study during May and September 2006 after informed consent was obtained. Temporary clinics were set up in the center of each village, and mothers from the surrounding area were asked to bring their children for screening of malaria and intestinal worms. Once enrolled, each child was assigned an identification number. To assess the temporal variability of infection, clinics were open at four time points over a one-year period: September 2006, February 2007, May 2007, and August 2007. These time points included the rainy (May–October) and dry (November-April) seasons. Mothers were supplied with 50-mL plastic containers in which to collect their children's feces, and samples were returned and refrigerated at 4°C.

Of the 2,332 children enrolled, 1,636 children submitted fecal samples on at least one of the four time points. A number of children were lost to follow-up; 349 children submitted samples at all four time points. Ethical clearance was provided by the Ethics and Research Committee, Obafemi Awolowo University Teaching Hospital Complex, Ile-Ife, Nigeria.

ization of species is lacking, especially in Africa, where only four subgenotyping studies have been conducted in Uganda, Malawi, Kenya, and South Africa.^{7,15,22,23}

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Stool analysis. Stool consistency was evaluated by visual examination and classified as formed, unformed, or liquid. A pea-sized amount (200 μ L if liquid) of feces from each child was concentrated by using a modified formol-ether technique. Concentrates were air-dried onto glass microscope slides (one slide per child), stained with auramine-phenol, and examined for the presence of oocysts by using a fluorescent microscope (blue filter block; excitation 490 nm, emission 510 nm). Each slide was scanned at 200× magnification and oocysts were confirmed under 400× magnification. Positive and negative samples were recorded along with the intensity of infection. Intensity was determined as follows: 0 = no oocysts detected in the sample; 1+ = 1-10 oocysts per field of view; 2+ = 10-50 oocysts per field of view, and 3+ = > 50 oocysts per field of view.

DNA extraction. Three criteria were used for selecting samples for molecular analysis: 1) samples with a high oocyst intensity, 2) positive samples in the month of August because a risk factor analysis was carried out at this time, and 3) a random selection of positive samples from the three remaining time points, resulting in a total of 302 samples. Samples were first purified by using a modified water-ether concentration method. For solid and semi-solid stools, a peasized stool sample was diluted in 100 μ L of reverse osmosis (grade 1) water and emulsified in a 1.5-mL microcentrifuge tube. For liquid samples, 200 μ L were transferred to a 1.5-mL microcentrifuge tube by using clean plastic pipettes.

The supernatant was aspirated to a voiume of 100 µL and stored at -20°C prior to DNA extraction. DNA was extracted using 15 cycles of freeze-thawing followed by digestion with proteinase K.29 After digestion (3 hours at 55°C) with proteinase K, samples were centrifuged at $14,000 \times g$ for 10seconds, and the supernatant was treated with a mixture of polyvinylpolypyrrolidone (PVPP) (catalog no. P6755; Sigma, St. Louis, MO) and Chelex 100 (catalog no. 142-1253; Bio-Rad Laboratories, Hercules, CA) slurry to minimize polymerase chain reaction (PCR) inhibitors. Pre-prepared aliquots of the mixture, each containing 50 µL 10% PVPP and 50 µL of 10% Chelex suspensions in DNase/RNase free water were pipetted into 0.5-mL screw top microcentrifuge tubes, and the slurry was sedimented overnight at 4°C by gravity. When required, the supernatant of an aliquot of PVPP/Chelex 100 slurry was carefully aspirated with a pipette without disturbing the sedimented slurry and replaced with 50 µL of DNA lysate. The tube was vortexed, boiled for 10 minutes, and centrifuged $(14,000 \times g \text{ for } 1 \text{ minute})$, and the supernatant was transferred to a clean flip-top tube and frozen at -20°C until used as a template for PCR.

PCR-restriction fragment length polymorphism DNA sequencing analysis. *Cryptosporidium* species were determined by nested PCR-restriction fragment length polymorphism (RFLP) analysis and/or PCR sequencing at two SSU rRNA gene loci. ^{31,32} For RFLP analysis, positive secondary DIAG PCR products were digested simultaneously with *Ase* I and *Dra* I, ³¹ and the secondary XIAO PCR products were digested separately with *Ase* I and *Ssp* I. ³² Fragments were separated by electrophoresis on a 2% agarose gel, stained with ethidium bromide and viewed under ultraviolet transillumination.

GP60 sequence analysis. *Cryptosporidium parvum* and *C. hominis* isolates were subgenotyped by GP60 sequence analysis,³³ and a previously described subtype nomenclature system was used to differentiate subtypes within each sub-

type family of *C. hominis* and *C. parvum.*¹⁹ When the assay of Glaberman and others³³ failed to produce sufficient amplicons for sequencing, the assay of Sulaiman and others¹⁹ (which produces a 400-basepair product compared with the 800-basepair product of the assay of Glaberman and others³³) was used.

Cryptosporidium meleagridis SSU rRNA sequence analysis. Cryptosporidium meleagridis was subgenotyped by sequence analysis of the SSU rRNA gene as described by Glaberman and others.²⁶

DNA sequencing and analysis. Amplicons for sequencing were treated enzymatically with ExoSAP-IT (GE Healthcare, Piscataway, NJ) to remove excess dNTPs and primers according to the supplier's instructions. Bi-directional sequencing was performed in an ABI model 3730 sequencer (Applied Biosystems, Foster City, CA) by using Big-Dye version 3.1 chemistry and automated capillary DNA sequencer at the Sequencing Service, Dundee University, Dundee, Scotland (http://www.dnaseq.co .uk/services.html). Bi-directional sequences were aligned using European Molecular Biology Laboratory (EMBL) website tools to obtain a consensus that was manually edited according to the sequence chromatogram. The consensus sequence was used to search the GenBank database for similarities using the CBI Blastn tool. ClustalW alignments using EMBL site was used to compare sequences and Phylogenetic trees were constructed using MEGA4 software (http://www.megasoftware.net/).

Statistical analysis. Of the 1,636 children assessed in the study, 349 submitted samples at all 4 time points. A generalized linear latent and mixed model analysis was performed in STATA Version10 (Stata Corp., College Station, TX)³⁴ on these 349 children. The model was used to test for associations between month, age, sex, and village of residence, and infection status of the children. This model incorporated random and fixed variables accounting for repeated measures in the longitudinal data.

Chi-squared analysis was performed to test for associations between infection with *C. parvum* and *C. hominis*, and demographic features of the children, and associations between oocyst presence and stool consistency.

RESULTS

Prevalence and temporal variability. A total of 3,840 samples from 1,636 children were examined over the one-year period. For those children where sex data were available, 825 (50.4%) were male and 790 (48.3%) female. Children ranged in age from 6 to 80 months, with a median of 39 months. A total of 266 children (16.3%) were from the village of Akinlalu, 714 (43.6%) from Ipetumodu, 253 (15.5%) from Moro, and 403 (24.6%) from Edunabon.

Cryptosporidium oocysts were detected in 684 samples (17.8%, 95% confidence interval [CI] = 16.61–19.06%). There was no statistical association between the presence of oocysts and stool consistency. The prevalence of infection ranged from 15.6% (95% CI = 13.17–18.16%) in September 2006 to 19.6% (95% CI = 17.31–22.18%) in May 2007 (Figure 1A). Most samples (652 of 684) had an oocyst intensity of 1+. A total of 21 children had an oocyst intensity level of 3+. Of these children, 11 occurred in August, 1 in September, 0 in February, and 0 in May.

Of the 1,636 children that submitted fecal sample for analysis, 349 children submitted samples at each of the four time points.

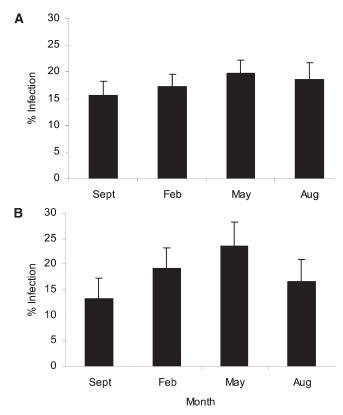


FIGURE 1. Prevalence (±95% confidence interval) of *Cryptosporidium* infection in children in Nigeria at four time points over a one-year period. **A**, All samples collected. **B**, Samples from 349 children that were tested at each of the four time points.

Of these children, 180 (51.6%) were male and 165 (47.3%) female. Children ranged in age from 11 to 77 months, with a median of 39 months. Ninety-five children (27.22%) were from the village of Akinlalu, 119 (34.1%) from Ipetumodu, 56 (16.1%) from Moro, and 79 (22.6%) from Edunabon. Prevalence of *Cryptosporidium* infection ranged from 13.2% (95% CI = 9.81–17.19%) in September to 23.5% (95% CI = 19.15–28.30%) in May 2007 (Figure 1B). Most samples (238 of 252) had intensity levels of 1+. A total of 10 children had an oocyst intensity level of 3+. Of the samples with a 3+ intensity, a higher number occurred in August (8) than in September (0), February (0), and May (2).

Using generalized linear latent and mixed model analysis,³⁴ we determined that month was significantly associated with infection, with increased risk in May (odds ratio [OR] = 1.11, 95% CI = 1.049-1.178, P < 0.0001) and February (OR = 1.06, 95% CI = 1.003-1.127, P = 0.034) in a model adjusted for age, sex, and village of residence. There was no statistically significant association between infection status and age, sex, or village of residence of the children (Table 1).

Cryptosporidium species, genotypes, and subtypes. A total of 302 stool samples were analyzed by using two nested PCR-RFLP procedures and/or direct sequencing of PCR products. Of these samples, 77 produced sufficient product for RFLP determination of species. Where required, DNA sequencing was used to confirm Cryptosporidium species/genotypes. Cryptosporidium hominis was detected in 34 samples (44.2%), C. parvum in 25 (32.5%), a mixture of C. parvum and C. hominis in 4 (5.2%), C. meleagridis in 5 (6.5%), Cryptosporidium rabbit

Table 1

Results of generalized linear latent and mixed model analysis testing for association between infection status and month, age, sex, and village of residence of 349 children in Nigeria that submitted samples at four time points

Characteristic	Coefficient	SE	z	$P > \mathbf{z} $	95% confidence interval
Month					
Sept	Reference				
Feb	0.0621	0.029	2.12	0.034	0.005 - 0.120
May	0.106	0.030	3.59	0.000	0.048-0.164
Aug	0.040	0.030	1.34	0.179	-0.018 to 0.010
Age	-0.0002	0.001	-0.36	0.719	-0.002 to 0.001
Sex					
Male	Reference				
Female	-0.004	0.21	-0.21	0.834	-0.045 to 0.036
Village					
Moro	Reference				
Akinlalu	-0.031	0.033	-0.96	0.337	-0.096 to 0.033
Ipetumodu	-0.043	0.032	-1.37	0.172	-0.106 to 0.019
Edunabon	0.015	0.035	0.43	0.668	-0.053 to 0.083

genotype in 5 (6.5%), *Cryptosporidium* cervine genotype in 3 (3.9%), and *C. canis* in 1 (1.3%) (Table 2).

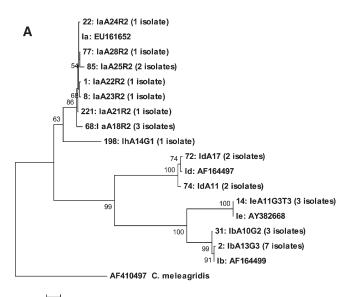
Cryptosporidium hominis was the most common species isolated, followed by C. parvum. There was no statistically significant association between sex, age (< 3 years versus \geq 3 years), and village of residence and infection with C. hominis or C. parvum.

Table 2
Species and subtypes of *Cryptosporidium* identified in 77 samples from children in rural Nigeria

Species/genotype, subtype family, subtype	No. of children infected
C. hominis	34 (28 subtyped)
Ia	10
IaA18R2	3
IaA22R2	1
IaA24R2	2
IaA25R2	2
IaA28R2	1
IaA21R1	1
Ib	10
IbA10G2	3
IbA13G3	7
Id	4
IdA11	2
IdA17	2
Ie	3
IeA11G3T3	3
Ih (Novel subtype)	1
IhÀ14G1	1
C. parvum	25 (23 subtyped)
ΪΙa	2
IIaA15G2R1	1
IIaA16G1R1	1
IIc	17
IIcA5G3a	9
IIcA5G3b	8
IIi	2
IIiA11	2
IIm	2
IImA14G1	2
C. hominis/C. parvum	4
C. meleagridis	5 (3 subtyped)
Type 1	3
Cryptosporidium rabbit genotype	5
Cryptosporidium cervine genotype	3
C. canis	1

Further GP60 subgenotyping was conducted successfully on 28 of 33 *C. hominis* and 23 of 25 *C. parvum* isolates. Five subtypes of *C. hominis* (Ia, Ib, Id, Ie, and one novel subtype) and four subtypes of *C. parvum* (IIa, IIc, Iii, and one unnamed subtype) were identified (Table 2 and Figure 2). Equal numbers of *C. hominis* subtype families Ia and Ib were detected (10 isolates), and Ia was the most genetically diverse type, consisting of six subtypes. Subtype family Ib and Id (four isolates) each consisted of two genetically distinct subtypes. All three isolates of the subtype family Ie consisted of the subtype IeA11G3T3. One isolate was identified, which has not been previously described (Table 2). This sequence was deposited in the GenBank database (accession no. FJ971716), and according to existing nomenclature is ascribed IhA14G1.

Four subtype families of *C. parvum* were identified. IIc was the most common (17 isolates), and IIc and IIa each had 2 subtypes. Both isolates of the subtype family IIi consisted of the subtype IIiA11, and two isolates were identified that had 99% similarity to sequences deposited in GenBank (accession no. AY700401 (Table 2). The sequence, deposited by Hira KG and



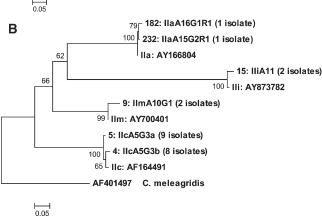


FIGURE 2. Phylogenetic analysis of **A**, *Cryptosporidium hominis* and **B**, *C. parvum* subtypes from children in Nigeria and sequences (with accession numbers) previously deposited in GenBank by using neighbor-joining analysis of the glycoprotein (GP60) gene. Values on branches are percentage bootstraps values using 1,000 replicates. Bootstrap values greater than 50% are shown.

others in 2004, has not been published elsewhere. It has been proposed that the subtype family will be named IIm (Ward H, unpublished data).

In addition, three isolates of *C. meleagridis* were subgenotyped by sequence analysis of the SSU rRNA gene fragment. All three isolates belonged to the subtype, type 1, as previously described^{26,35} (Table 2).

DISCUSSION

Our findings show that the overall prevalence of Cryptosporidium from a sample of children in Nigeria ranged from 15.6% to 19.6% over a one-year period. Of the few studies conducted in Nigeria, prevalence has ranged from 0% in patients positive and negative for human immunodeficiency virus with diarrhea in Enugu State to 39% in primary school children with diarrhea in the same state.36,37 In the present study, prevalence varied significantly throughout the year. However, rainfall did not appear to be associated with infection rates. It is likely that variation in prevalence is associated with practices or behaviors in the community that exhibit temporal variation. In contrast, other studies in the tropics have indicated that prevalence of infection is highest in months with the greatest rainfall.⁴⁻⁷ However, prevalence was highest during the dry season in Kenya. 16 In Venezuela no seasonal variation was detected.³⁸ The overall intensity of infection in this pediatric population was low and few oocysts were observed in the samples. However, in August, higher intensity levels were noted. Data on intensity of infection from previous studies are lacking, particularly at a population level.

This is the first study to genetically characterize *Cryptosporidium* species in Nigeria, the most populous country in Africa. Isolation of six *Cryptosporidium* species/genotypes highlights the heterogeneity of *Cryptosporidium* infections in the children in Nigeria.

In Africa, molecular identification of *Cryptosporidium* species is generally lacking. Species data have been collected in only five countries; Kenya, Malawi, Uganda, Equatorial Guinea, and South Africa and include *C. hominis*, *C. parvum*, *C. canis*, *C. felis*, *C. meleagridis*, and *C. muris*. 5.16,17,22,23,39 However, only in Kenya have all six species been reported. 16

Cryptosporidium hominis was the dominant species identified in our study. High levels of *C. hominis* are consistent with studies from other developing countries such as Peru, ¹⁸ Kenya, ¹⁶ India, ¹⁴ Malawi, ^{5,7} and Uganda, ^{4,15} which indicate that anthroponotic transmission may play a major role in the epidemiology of Cryptosporidium in these areas. A relatively high level of *C. parvum* was also found in the current study and this finding is in contrast to those of studies from other developing regions where *C. parvum* infections are generally much lower than that of *C. hominis*. ^{4,7–9,14,15,18,24,40,41} Higher levels of *C. parvum* are consistent with results of studies from Kuwait, Equatorial Guinea, and developed countries such as France, Portugal, and the United Kingdom. ^{19,20,25,42} Variations in the distribution of Cryptosporidium species in humans are considered an indication of differences in infection sources. ¹⁹

We identified *C. hominis* and *C. parvum* in similar numbers in males and females and in children < 3 years of age and ≥ 3 years of age. This finding is analogous to findings in southern India, in which no significant differences in age and sex between *C. hominis*-infected children and those infected with other species.¹⁴

Prior to the development of subgenotyping techniques, the presence of high levels of *C. parvum* would have suggested that zoonotic transmission was as important as anthroponotic transmission in this region in Nigeria. However, results from the current subgenotyping analysis indicate that subtype IIc is dominant in this population. Because IIc is primarily limited to human infections^{20,21} this finding would indicate that the source of infection in these children in Nigeria is anthroponotic, although this was not determined epidemiologically.

In addition to *C. parvum* and *C. hominis*, we also identified *C. meleagridis*, *C. canis*, *Cryptosporidium* cervine genotype, and *Cryptosporidium* rabbit genotype. *Cryptosporidium meleagridis* is the third most common *Cryptosporidium* infection in humans and accounts for 10–20% of cryptosporidiosis cases in Peru and Thailand. Few studies have subgenotyped *C.* meleagridis. Chus, further analysis of avian and human isolates from various populations and geographic locations is required to address the epidemiologic significance of *C. meleagridis* subgenotyping.

Our study is the first one to isolate the cervine genotype from humans in Africa. Cryptosporidium canis was isolated on only one occasion previously in an African population. ¹⁶ Furthermore, our study is the first occasion in which the rabbit genotype was isolated from humans outside the United Lingdom.^{11,43,44} This genotype was first isolated in an immunocompetent woman in England in 2008⁴⁴ and has since been responsible for a waterborne outbreak in the United Kingdom.⁴³ The rabbit genotype is similar but not identical to C. hominis, with RFLP patterns at the Cryptpsporidium oocyst wall (COWP) locus sharing 99.2% similarity at the SSU rRNA locus and 99.7% at the heat-shock protein (HSP) locus.⁴⁵ Thus, it is not surprising that human infections have been identified. Two of the four children infected with the rabbit genotype in the current study were twins, indicating that oocysts may have been transmitted anthroponotically between the siblings. Alternatively, it is possible that the children contracted the infection from the same source.

A range of GP60 subtypes of *C. hominis* and *C. parvum* were isolated in the current study, including a novel subtype (IhA14G1). Of the six *C. hominis* subtype families described to date, four (Ia, Ib, Id and Ie) were isolated from these children in Nigeria. These common subtype families are found in humans worldwide¹⁰ and were identified in three countries in Africa (Uganda, Malawi, and South Africa).^{7,15,23} However, subtypes IaA18R2, IaA21R2, IaA24R2, IaA25R2, IaA28R2, and IdA11 have not previously been deposited in GenBank and may indicate the occurrence of new subtypes in the *C. hominis* families Ia and Id.

Of the 11 C. parvum subtype families described to date, we report the presence of IIa, IIc, IIe, and IIi in addition to an unnamed subtype. The unnamed subtype was previously isolated from children in Bangladesh and the sequence was deposited in GenBank, but the work is unpublished; thus, the GP60 subtype is not yet named. It has been proposed that the subtype will be named IIm (Ward H, unpublished data). The subtype family IIa has been isolated from ruminants and humans, Coupled with IIc, IIa is the most common C. parvum subtype family found to infect humans. Subtype family IIi is less common, being found on only one occasion previously in children in Uganda.¹⁵ Of previous studies carried out in Africa, in Malawi, C. parvum subtype families IIc and IIe were present in Malawi,7 and IIc, IIg, IIh, and IIi were identified in Uganda.15 Thus, our study is the first one to report isolation of the C. parvum IIa and IIm subtype families from humans in Africa.

In the present study we identified a high diversity of Cryptosporidium species, genotypes, and subtypes in this pediatric population in Nigeria, but further epidemiologic investigations are required before we can identify anthroponotic, zoonotic, and/or environmental transmission routes of public health significance. Our data indicate that children can be the source of numerous Cryptosporidium species, genotypes, and subtypes, and that their behavior supports both direct and indirect transmission routes. Inadequate treatment of drinking water and indiscriminate outdoor defecation are well recognized risk factors for cryptosporidiosis. Over half (53.9%) of the population in this area do not treat their drinking water, and most children studied defecate indiscriminately outdoors (Molloy S, unpublished data). Both questionnaire- and molecular-based tools will be required to determine the importance of anthroponotic versus other routes of transmission, and we are currently undertaking risk factor analysis that should add to our understanding of the risk factors associated with Cryptosporidium transmission in these tropical environments.

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