# THE IRISH HOSPICE FOUNDATION ANNUAL REPORT 2005





Living to the end

ANNUAL REPORT 2005

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#### OUR VISION

That no one should have to face death or bereavement without appropriate care and support

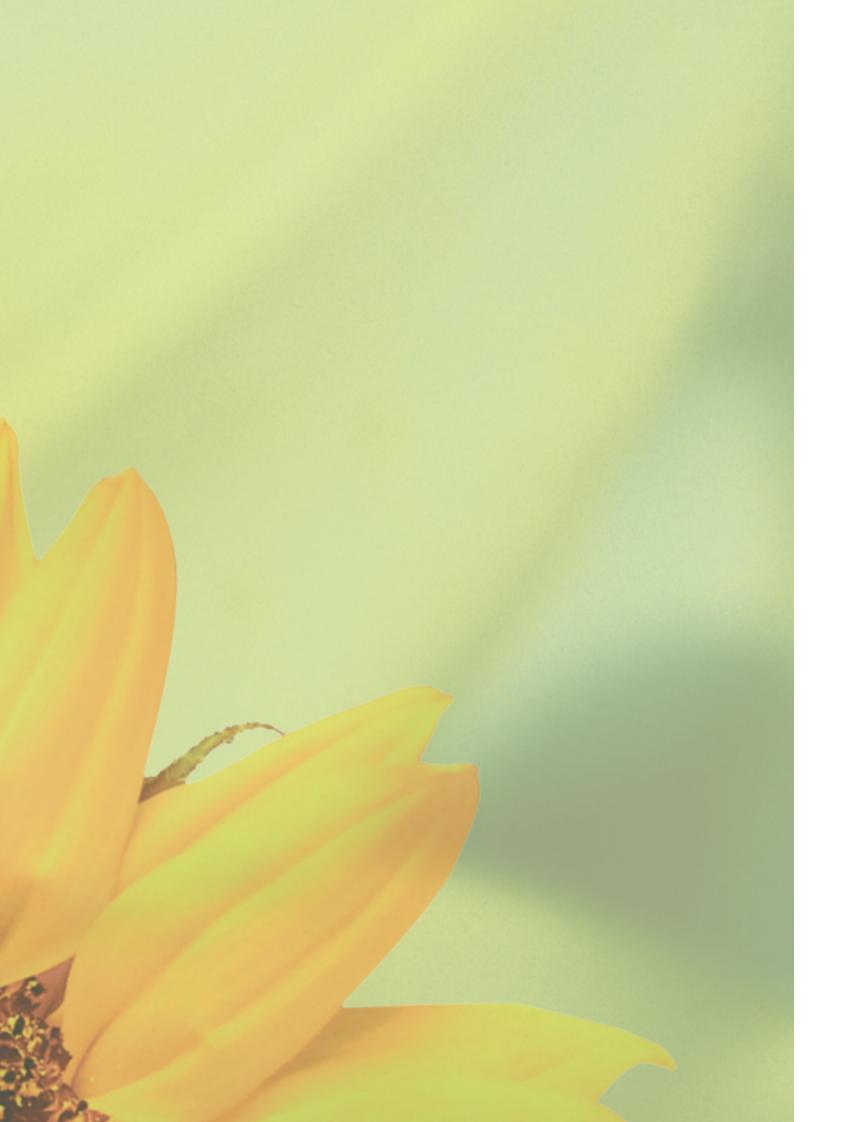
#### OUR MISSION

To support the development of hospice/palliative care and to promote the hospice philosophy

#### OUR OBJECTIVES

- To raise public awareness of the hospice philosophy and hospice service needs.
- To influence decision makers on the key service development issues.
- To make a difference to patient and family care by undertaking or supporting initiatives that contribute to the development of hospice/palliative care services, including bereavement care.
- To enhance society's response to bereavement by offering information, education, support for research and consultancy.
- To maximise our contribution to national fundraising events in support of local hospice services and to be self-financing as an organisation.





#### LETTER FROM THE CHAIRMAN



2005 was a very good year. Our Baseline Study I wish to record the Board's appreciation and raising awareness of the need to broaden the budget. New fundraising links were forged and who returns to us after a short absence. resulted in increased income for hospice service providers throughout the State. These and the many other significant events of 2005 are described in the annual report that follows.

Sadly, we still have a long way to go before we realise our vision: that no one should face death or bereavement without appropriate care and support. The Baseline Study identified three regions in which hospice care is underdeveloped. In other regions there is wide variation in the range and volume of services available. The Irish Hospice Foundation will convert our vision to reality.

project was completed and will enable us to gratitude for the outstanding service rendered benchmark progress in the provision of hospice by outgoing Directors, Marie Donnelly; Bill care in the years ahead. The first Mary Holland Shipsey; Robert Power; and Trevor Bowen, Commemorative Lecture was very successful in who retired from the Board in 2005. I would also like to welcome new Board members, scope of hospice care. The government Brendan Butler; Cynthia Clampett; Tom Healy allocated €13 million to palliative care in the and Kevin O'Dwyer; along with Eileen Pearson,

> I am grateful to my fellow Directors for their continuing support and commitment.

> We are fortunate in having a most professional and dedicated team of staff, ably led by our Chief Executive, Eugene Murray.

> The contribution of the many supporters, donors and others who provide assistance is immense and essential to the success of the

An Tánaiste, Mary Harney, T.D., the staff of her continue to work closely with the wider hospice Department and the staff of the HSE have movement, the Health Service Executive and been supportive, encouraging and generous the Department of Health and Children to with their time; their contributions are valued and appreciated.

#### Denis Doherty

Chairman of the Board

#### REPORT OF THE CHIEF EXECUTIVE OFFICER



It has been a busy and challenging year for the Irish Hospice Foundation, one of consolidation in some areas and expansion in others, with several new projects getting under way and investigative work highlighting other areas to be addressed. It has also been a year of change in the context in which we operate - in the health sector generally, with the new HSE up and running, and in palliative care in particular, with the formation of the long-awaited National Council for Specialist Palliative Care. Combined with initiatives of our own, these developments are creating welcome opportunities for dialogue, and another feature of the year has been increased engagement with both those at the frontline of hospice and palliative care and the statutory bodies and others who are in a position to influence its development.

#### HIGHLIGHTS OF 2005

#### EDUCATION AND RESEARCH

After several years' planning, we were delighted to be able to announce the appointment of Professor David Clark as Visiting Professor of Hospice Studies to UCD and Trinity. This part-time post - potentially a first step in the creation of an academic chair – is being funded by the IHF and is focusing initially on research, education and service development. Professor Clark will work closely with service providers, professional bodies, voluntary organisations and relevant departments.

We also embarked on two other new initiatives in education this year: an Education Needs Assessment for palliative care and a year-long project in association with the HSE North-Eastern Area to develop a plan and consider curriculum content for postgraduate education in the field.

#### DEVELOPMENT

Our Care for People Dying in Hospitals project, based at Our Lady of Lourdes Hospital, Drogheda, registered many achievements in 2005. Much credit is due to the IHF project team, the HSE, the hospital and its staff. The various initiatives - in areas such as awareness-raising, communications training, the development of more sensitive practices, the creation of new information material, enhancements to physical facilities and bereavement support - are all progressing well, and some innovations in particular have attracted the interest of other care institutions. The ultimate aim of this two-year pilot project has always been to develop a 'portable' process for improving the culture of care around dying, death and bereavement in hospitals and to facilitate its adoption by other hospitals. With the pilot now nearing completion, we are actively engaging with relevant bodies and investigating sources of funding to ensure progression to the next phase.

In May, the project organised a very successful conference, the first ever national forum for discussion of end-of-life care in hospitals and the first Irish Hospice Foundation conference in many years. A varied range of topics, a first-class line-up of speakers, and an engaged audience made for a stimulating and thought-provoking event which was very positively received.

Another significant event in 2005 was the publication of the findings of an extensive research project cofunded by the Foundation and the Department of Health and Children. Launched by the Tánaiste in Morrison Chambers in September, the report, A Palliative Care Needs Assessment for Children, will help guide the future development of services, which should be greatly facilitated by the Department's welcome announcement before Christmas of €1.5m for children's home-care nursing, to be matched by voluntary funding.

#### ADVOCACY

The conference referred to above made a significant contribution to our awarenessraising and advocacy work this year, and it was encouraging that the National Hospitals Office subsequently gave a commitment in principle to fund improvements to the physical infrastructure of hospitals as it affects dying patients and their families.

This event was followed in July by the Mary Holland Commemorative Lecture, initiated by the IHF in honour of a great journalist and champion of the voiceless to raise awareness about the failure of our care systems to meet the needs of people dying from illnesses which are less widespread and perhaps less well understood than cancer

The largest project under the advocacy heading in 2005 was the Baseline Study and gap analysis which we undertook on Irish hospice/palliative care services. The rationale for the study was simple: basically, it is hard to lobby effectively for more and better services when there is no clear, consistent regional and national data on existing services. In particular, we wanted to measure service provision under a range of indicators against the specific recommendations of the Report of the National Advisory Committee on Palliative Care, adopted as government policy in 2001.

This project was guided by a widely representative steering committee, while most of the data collection was undertaken by two research professionals. A detailed cost analysis of both existing service provision and fulfilment of the 2001 report's recommendations was completed later. By year end the final report was being prepared for publication; a launch is anticipated in Spring 2006.

#### FUNDRAISING

The highlight of the fundraising year has On behalf of the Foundation, I would like to undoubtedly been the success of Tesco Ireland's 'Charity of the Year' campaign in aid of Hospice. The IHF's work in achieving the nomination and coordinating the campaign with Tesco on behalf of the voluntary hospice movement was well rewarded when a record total of €1.5m was raised for local hospice/palliative care services around the country.

A new fundraising venture this year was our national 'Nearest-the-Pin' golf competition. The Foundation has always enjoyed excellent support from the golfing community, and the estimated 5,000 golfers who took part in some 200 men's and ladies' competitions around the country, backed by Christy O'Connor Jnr and the PGA, once again testified to this goodwill. We plan to make this an

#### WORLD HOSPICE DAY

October saw the launch of the first ever World Hospice and Palliative Care Day, an international event supported by Archbishop Desmond Tutu, which has been introduced to inform, generate awareness, advocate and raise funds for hospice and palliative care worldwide. The IHF marked the day in a number of ways - for example, through the launch by our library service of information initiatives in association with public libraries We hope to raise the profile of this event further in the future so that it becomes well known on the Irish calendar and can be used to good effect to promote the hospice philosophy and support hospice fundraising.

#### IN APPRECIATION

thank all our sponsors, donors and benefactors, without whom our work would not be possible. Included in that are those who choose to remain anonymous and who therefore receive no other acknowledgment. We hugely value the generosity of all our supporters, among them those whose gift is their time, expertise or willingness to lend their name or use their influence to help.

Partnership has long been the IHF's preferred way of working, and I would to acknowledge organisations and individuals who have become our partners and associates in initiatives in education, research, advocacy, development, fundraising and other areas.

For their support, advice and assistance throughout the year, my sincere thanks to our Chairman, Denis Doherty, and the other members of the Board and its subcommittees. Finally, I would like to congratulate the staff of the Foundation, without whose hard work and professionalism the year's progress could not have been achieved. My warmest thanks to all for their loyalty, commitment and good humour.

**Eugene Murray** Chief Executive Officer

#### EDUCATION AND TRAINING

It has been a busy year in education and CERTIFICATE IN CHILDREN AND LOSS training. Our courses and workshops, which focus mainly on the area of loss and bereavement, are progressing well and continue to be well subscribed. Responses to our outreach training on managing grief in the workplace has confirmed our sense of the need for such training. Finally, it has been especially satisfying to see some new initiatives in the wider field of hospice/palliative care education begin to take shape this year.

#### **EDUCATION**

#### H. DIP IN BEREAVEMENT STUDIES

The first cycle of our Higher Diploma in Bereavement Studies concluded in March. Our partner in the development of this innovative programme, the first of its kind in Ireland, is the Royal College of Surgeons in Ireland (RCSI). The diploma is a significant new qualification accredited by the National University of Ireland.

Eighteen students who enrolled in the programme in March 2004 graduated on 1st June 2005. By September a new class had taken up their places; this second student intake will graduate in Autumn 2006. The H.Dip is run in our training rooms in Morrison Chambers and is supported by the services of the Thérèse Brady Library as well as the comprehensive library structure at RCSI. Our thanks to RCSI and to our external examiner, Dr Linda Machin of the University of Keele (UK).

We look forward next year to progressing our plan to develop a Master's programme.

The certificate course, also in association with RCSI, has continued to be heavily subscribed. This 12-day programme, which runs from April to October and includes two day-long integrative tutorials, brings together a range of people who work with children experiencing loss and grief. Lecturers include experienced practitioners from Temple Street and Crumlin children's hospitals as well as from school, community and other bereavement support programmes. Twenty-five students graduated and were awarded their certificates on 8th April.

#### PALLIATIVE CARE

In order to provide hospice care where and when it is needed, staff from a varied range of backgrounds need to have access to advanced education programmes. While some postgraduate palliative care programmes exist in Ireland, these are primarily aimed at nurses.

The growth in hospice/palliative care services, as well as the recognition that palliative care can benefit patients with illnesses other than cancer, is creating a need for a broader range of educational opportunities. Also, since hospice/palliative care relies on teamwork, with individual team members bringing particular skills to support patients and families, education should ideally reflect this interdisciplinary model.

In recognition of these issues, in October this year we engaged Ginny Dunn to develop a plan for postgraduate education aimed at meeting any outstanding education needs in hospice/palliative care in Ireland. This year-long project is being developed with a grant from the HSE North-Eastern Area and is sponsored by Dr Doiminic Ó Brannagáin, Consultant in Palliative Medicine in that region. It will build on our Education Needs Assessment, currently being undertaken by Cate Monaghan in the context of a broader project on the provision of hospice and specialist palliative care services.



Graduation day for the first cycle of students to successfully complete the Higher Diploma in Bereavement Studies

Professor David Clark, Visiting Professor of Hospice Studies at (jointly) University College Dublin and Trinity College Dublin



#### NEW ACADEMIC POST

A major development in 2005 was the appointment of medical sociologist, Professor David Clark, as Visiting Professor of Hospice Studies in Ireland. The Faculty of Health Sciences at Trinity College Dublin and the School of Medicine and Health Sciences at University College Dublin are co-hosting this post, which will be funded by the Irish Hospice Foundation for the next three years. The aim of this initiative is:

- to stimulate interest in research and teaching in hospice and palliative care
- to encourage a multi-disciplinary and multiprofessional approach to such development
- to create the potential for an established Chair at a leading Irish higher education institution

Director of the Institute for Health Research and the International Observatory on End of Life Care (both based in Lancaster University), Professor Clark has a particular interest in the history and global development of the modern hospice movement. He has previously engaged in hospice research in Ireland and has facilitated training workshops on research methods in Dublin and Limerick. He is also the series editor of an Open University Press collection on palliative care which includes Palliative Care in Ireland (2005), edited by Julie Ling and Dr Liam O'Sioráin. In his new role, Professor Clark plans to consolidate the above activities and work with colleagues in Ireland to advance the academic development of Irish hospice and palliative care.

#### TRAINING

#### WORKSHOPS

Our annual programme of one and two-day workshops on loss and bereavement commenced on 20th January and finished in July, providing a total of 22 days training in all. Sixteen topics were covered, both of a general nature, e.g. Working with Bereaved Families, as well as addressing more specific issues, such as Adjustment to Loss in Later Life and Exploring Anticipatory Grief. A wide range of Irish experts working in different capacities with bereavement and loss facilitate these workshops at our training rooms in Morrison Chambers.

#### OUTREACH TRAINING

Our outreach training on loss and bereavement is primarily aimed at fulfilling training needs offsite and/or outside Dublin, as well as promoting awareness of the potential impact of grief, especially in situations where traditionally it has not received much consideration. For example, most adults spend the majority of their time at work. Talks and guidance on responding to loss and bereavement in the workplace help ensure sensitive support through difficult times for bereaved employees and colleagues, and can minimise the possible negative impact for both the bereaved person and the organisation.

Training initiatives were undertaken during the year in private companies, state/semi-state bodies and nursing homes throughout the country. They included workshops in Limerick, Cavan, Waterford, Cork, Louth and Mayo as well as Dublin. Our Grief at Work lunchtime seminars were well received and attracted considerable media attention, including a slot

on The Pat Kenny Show and articles in The Irish Times and The Examiner. In all, 137 people from 65 organisations attended Grief at Work training, while general bereavement training was provided to a further 242 people from the corporate, community, healthcare and education sectors.

Plans for 2006 include the introduction of a manual aimed at human resource departments which will help organisations to develop services and policies on bereavement in the workplace.

#### TRAINING RESOURCE

The availability of Irish training material for hospice professionals and volunteers is very limited, and while pain and grief may be universal, cultural context has implications for how people experience and cope with illness, death and bereavement. We were therefore very happy to work during the year with palliative medicine consultant, Dr Sinead Donnelly, to develop a training resource based on her documentary, Give Me Your Hands. This traces the experience of three Irish families and offers a powerful commentary on contemporary hospice/ palliative care in Ireland.

Launched on 7th March by Minister of State at the Department of Health and Children, Brian Lenihan, TD, the training package consists of a video accompanied by a manual that outlines ways in which it can be used with groups to explore the impact of illness and death on families and hospice staff. The initial print-run sold out; a second edition is currently in preparation and will be distributed at home and internationally.

#### INFORMATION SERVICES

Visitor numbers to the Thérèse Brady OUTREACH ACTIVITIES Library continued to rise during the year as awareness about its resources grows. Launched in 2003, the library initially offered a loan service to our own students only and otherwise operated solely as a reference library. In 2005, loan facilities were extended to students on relevant university courses and to some counselling training centres/professional groups. In addition, as will be seen below, a restricted lending service has been made available to the general public.

The library catalogue currently holds 1,570 records. Between 2004 and 2005, loans increased by 15% (570), bringing the total to 1,152 titles. New services include the issuing of monthly alerts to alumni, current students and staff regarding journals and their content. Lists of new books received are also disseminated monthly.



Denise Brady, Librarian at St Christopher's Hospice, London, who participated in the programme of talks organised by the Thérèse Brady Library to mark World Hospice and Palliative Day in October.

The library undertook a number of outreach initiatives during the year aimed at making literature on bereavement more accessible to the public, either through the IHF itself or through local libraries.

September with the distribution of an information pack which, besides detailing the service itself, aimed to inform the public about the wide range of literature that exists on bereavement and to narrow this down by providing helpful reading lists.

Four reading lists aimed at the general public were drawn up under the headings: Death and Bereavement; Bereaved by Suicide; Talking to Children about Loss and Death and Stories for Young Children about Loss and Death. A further three reading lists were created for professionals whose work brings them into contact with the bereaved. These are: Death and Bereavement - for Professionals; Bereavement and Suicide - for GPs; and Loss and Grief in the Workplace.

All of the books on these reading lists may be borrowed from the library either by calling in person or by availing of our postal service for a small administration fee.

#### WORLD HOSPICE DAY

World Hospice and Palliative Care Day on The Thérèse Brady Library is currently 8th October was marked by the distribution of literature and posters to every public library and voluntary hospice group in the year it is planned to monitor usage so as country. The aim was to encourage them to to provide a more detailed visitor profile, work together to promote hospice care and provide information on local services. Both addressed in 2006.

general and area-specific posters were disseminated. The former included information on hospice care in general and how to go about accessing it; the latter provided details of the hospice/palliative care services available in different parts of the country. The loan service packs and Our public loan service was launched in reading lists were also included in the distribution, along with additional information on hospice care and bereavement resources.

> Altogether 1,600 information packs had been distributed by the end of the year, either through direct mailshots or through other organisations and conferences. The response from public libraries has been good, and many titles from our reading lists have now been added to library stocks.

> As part of the events marking World Hospice and Palliative Care Day, a programme of talks was held in Morrison Chambers on 7th October, including one delivered by Denise Brady, Librarian at St Christopher's Hospice, London. Our Training Officer, Breffni McGuinness, also gave two talks in public libraries on the theme, Lost for Words/Words for Loss. It is hoped to develop this engagement with the wider community further in the future.

used mainly by health professionals, students and members of the public. Next which may point to service gaps to be

#### RESEARCH

The Irish Hospice Foundation continued to financially support major research projects in hospice/palliative care and bereavement during the year. Our annual contribution to research currently stands at €135,000.

Philip Larkin, holder of the first ever Health Services Research Fellowship in Palliative Care, which is jointly sponsored by the IHF and the Health Research Board, began the final year of his doctoral work examining patients' experience of the transfer to palliative care services in different European countries. Our Thérèse Brady Scholar, Amanda Roberts, who is based at St Francis Hospice, Raheny, continued her research looking into hospice bereavement services.

A number of on-going IHF/Health Research Board partnership grants are supporting research in the Dublin area. One of these (the grant-holder is Dr Eoin Tiernan of Blackrock Hospice) is seeking to identify the factors which help patients stay at home through their last illness; another (Dr Mary McCarron, Trinity College, Dublin) is focusing on the development of palliative care services for patients with intellectual disability and dementia.

Several new projects were funded during 2005. A two-year project, again jointly funded through the HRB's Building Partnerships scheme, will investigate perceptions of palliative care and how these may influence the use and development of services. Based in NUI Maynooth, this project is being supervised by Dr Sinead McGilloway, who is linking with the palliative medicine service of the HSE-South Eastern Area, coordinated by Dr Jane Fleming. The Irish Hospice Foundation will provide €22,500 towards this project which will matched by the Health Research Board.

The report, Home, Hospice or Hospital? A Study of Irish Travellers' Use of Palliative Care Services, based on research conducted by Onja Van Doorslaer and Dr Regina McQuillan and jointly funded by the IHF and the Health Research Board, was launched in Morrison Chambers on 13th October. The report identified both cultural and institutional barriers that prevent travellers from availing of hospice services and called for new ways of meeting their specific needs.

#### LOCAL SUPPORT GRANTS 2005

RESEARCHER/ GRANTHOLDER(S)	PROJECT OR OTHER PURPOSE	GRANT
Anne-Marie Corroon, Trinity College Dublin and Morna Hogan, St James' Hospital, Dublin	Research project: Relatives' experience of the care they receive during a patient's terminal illness	€4,000
Eileen Courtney, Dublin City University	Research project: A national survey of Irish nurses' attitudes towards death and the care of dying patients	€4,000
Mary Corcoran, Milford Care Centre, Limerick	Research project: A descriptive survey to examine the profile of patients with non- malignant disease referred and admitted to a specialist palliative care service over a five year period	€4,000
Honor Nicholl, Trinity College Dublin	Training	€2,000
Julia Brent, Our Lady's Hospice, Dublin	Training	€1,350
Mary O'Regan, University College Dublin and St Vincent's Palliative Care Service, Dublin	Support/analysis/equipment	€1,500
Amanda Roberts, NUI Maynooth/ St Francis Hospice, Dublin	Support/analysis/equipment	€1,500



Amanda Roberts, Thérèse Brady Scholar in Bereavement Research

#### ADVOCACY AND AWARENESS-RAISING



Pat Cox, MEP, keynote speaker at the 'Finding a Better Way' conference

Over the past year we have greatly stepped Finding a Better Way, this well-attended up the emphasis on our advocacy and awareness-raising role. First, recognising the need for a coordinated approach to lobbying, we joined with the Irish Cancer Cox, MEP, has helped shape an agenda for Society and the Irish Association for Palliative Care to develop an advocacy strategy to address service needs. This group continues to meet regularly and may broaden its membership in due course.

#### PUBLIC EVENTS

In May, the Foundation initiated and facilitated a session at St Francis Hospice's annual Kaleidoscope conference to look at the care needs of people with lifethreatening illnesses other than cancer. We were pleased to have speakers from the Irish Heart Foundation, the Dublin Aids Alliance radio and TV coverage, heightening public and St John of God's. This important issue, which has major implications for service development, was raised again in July when we hosted the first Mary Holland Commemorative Lecture in association with The Irish Times. Delivered by former President of Ireland, Mary Robinson, and chaired by the General Secretary of the Irish Congress of Trade Unions, David Begg, this successful event provided the opportunity to highlight the plight of those who, like wellknown journalist, Mary Holland, die without the care they deserve and need.

Another significant public event was the the 2001 Report of the National Advisory national conference which took place in the context of our Care for People Dying in findings will not be published until next year,

conference attracted very positive feedback. The keynote address by former President of the European Parliament, Pat moving the issues surrounding hospital care for the dying from a local project to a planned national programme.

The first ever World Hospice and Palliative Care Day on 8th October was also used to good effect. A series of information initiatives to coincide with this date were organised by our library service and are described elsewhere in this report. Choirs were encouraged to participate in the Voices for Hospice event which was also organised to

All of the above received good national press, understanding of hospice-related issues.

#### BASELINE STUDY EVIDENCE

One of the most important initiatives ever undertaken by the Irish Hospice Foundation in the name of advocacy has been our Baseline Study on the provision of hospice/specialist palliative care. This major project has provided the hard evidence needed for a concerted campaign to secure the government's re-commitment to the implementation of the recommendations of Committee on Palliative Care. Although the Hospitals project (see page 16). Themed they have already been used as part of an



Mary Robinson, who delivered the Mary Holland Commemorative Lecture organised by the IHF in association with the Irish Times, with John Hume (left) and David Begg, General Secretary of the Irish Congress of Trade Unions, who chaired

intensive pre-Budget lobbying campaign which included meetings with Ministers and senior officials at the Departments of Health and Children, Finance and the Taoiseach. A detailed submission was prepared, in which particular emphasis was placed on regional inequities; homecare nursing; access to community-based care assistants and other areas, as well as the issue of nursing home STAFF subventions. Children's services had already been discussed at length with the Minister for Health and Children prior to this.

The €13m allocated to palliative care in the Budget was most welcome, as was the additional  $\in$ 150m allocated to care of the elderly, which will also benefit some categories of people with life-limiting illnesses. First-time funding for children's palliative care was also announced. However, we will continue to lobby next year for increased and more equitable distribution of funding, and in particular for more coherent service planning. In the final weeks of the year, efforts were devoted to ensuring a place for hospice/palliative care on the agenda for the forthcoming national partnership discussions.

Finally, the decision in 2004 to appoint a Communications Manager has greatly facilitated our work of enhancing public awareness of the needs of the dying and highlighting service gaps and needs. It has resulted in a notable increase in media coverage of end-of-life issues and has greatly supported the development of our advocacy function. Aileen O'Meara's good work continues to be built upon by her successor, Caroline Lynch, who joined us

#### SUPPORT AND DEVELOPMENT

Care for People Dying in Hospitals project based in Our Lady of Lourdes Hospital in Drogheda, continued to progress during the year. This two-year project will conclude in March 2006, when it is planned to develop a mechanism to disseminate the learning gained to other hospitals around the country. The year's achievements are described in detail on pages 16 and 17.

#### NEW PROJECT

The major new initiative introduced this year, with the generous support of the Atlantic Philanthropies, was our 'Project on the Provision of Hospice/Specialist Palliative Care Services in Ireland'. This ambitious project comprises several interlinked strands spanning several areas of our work: a Baseline Study on the current state of service provision in Irish palliative care; a project to pilot Minimum Data Sets for palliative care; and an Education Needs Assessment.

The Baseline Study is described under Advocacy (p. 12). The Minimum Data Sets pilot is in many ways a logical extension of that project, which involved major effort in trying to collect information in a systematic manner so as to allow comparison across broad indicators of activity in hospice/palliative care. Clearly, the adoption of standard minimum data sets by palliative care services in Ireland would ensure that in future data are more readily available to service planners.

Proposed minimum data sets for specialist palliative care in Ireland (MDSI) had already been developed by Dr Catherine Sweeney

Our key on-going development initiative, the of St Patrick's Hospital/Marymount 2006. It involves identifying the education Hospice (Cork) on behalf of the Department of Health and Children, following a recommendation of the 2001 Report of the National Advisory Committee on Palliative Care. The IHF is taking the project a step further by setting up a pilot phase of the proposed MDSI, with Dr Sweeney as project manager. Meetings and discussions took place with hospices and hospital-based palliative care services throughout the year, resulting in some minor modifications to the MDSI with a view to ensuring that the pilot is feasible in current circumstances.

> By the end of the year a total of six sites had confirmed their interest in participating in the project, which will get under way in 2006. The IHF is providing funding to individual sites towards software customisation and training.

> The third strand to the overall project is the Education Needs Assessment: an evaluation of the current and planned future provision of education services for palliative care. This project is being undertaken by Cate Monaghan and will be completed in early

needs of both palliative care specialists and those providing such care more generally, along with the most appropriate models of education required to fulfil those needs.

#### CHILDREN

A report published in September has significant implications for the future development of children's hospice services. The result of a project jointly sponsored by the IHF and the Department of Health and Children, A Palliative Care Needs Assessment for Children was launched in Morrison Chambers by the Tánaiste and Minister for Health and Children, Mary Harney, T.D. The research was undertaken by Dr Suzanne Quin (UCD); Dr Jean Clarke (DCU) and Dr Jo Murphy-Lawless (TCD).

The report found that there was inequity in the provision of palliative care services to children with life-limiting conditions, with services received depending on diagnosis and geography (where the child lives). It also called for more comprehensive data: no system is in place to collect accurate figures on the



prevalence of such children, information which is vital for effective service planning.

Services to support care at home were deemed inadequate by many families, while difficulty in accessing essential aids and appliances was a major source of stress. The report called for more staff trained in paediatrics to help parents who are providing home-based care. It also identified the need for a 'key worker' to liaise between the family and service providers.

Following the launch of this report, statutory funding to an amount of €1.5m was announced for community-based paediatric palliative care nurses, to be matched by voluntary funding and introduced on a phased basis over three years. The IHF plans to convene a forum of interested groups in January to respond to the research findings and help steer the future development of children's services.

In 2005 we continued to support the Children's Oncology Nursing Liaison service at Our Lady's Hospital for Sick Children in Crumlin. Funds raised by a dedicated group of lady golfers through the annual Howth Walk are allocated to this service. Our funding of the post of Clinical Nurse Specialist in paediatric palliative care at Crumlin hospital also continued. Meanwhile, at the hospital's request, our Bereavement Services Manager facilitated a day for bereaved parents in All Hallows College in June.

The Foundation also played a facilitative role in the joint venture to build a children's hospice currently under way between the Children's Sunshine Homes and the Laura Lynn Foundation. We plan to fund a paediatric palliative care nurse in this facility for an initial period after it opens.

#### REGIONAL DEVELOPMENT

We have been proposing for some time now to pilot two posts of 'regional development officer' to work with local voluntary hospice groups and statutory bodies to help advance service development in areas where no hospice inpatient unit exists. Part of the role - to identify needs - has now been fulfilled by the Baseline Study, and substantial funding has been committed. An experienced practitioner recruited to lead this initiative mid-year unfortunately later withdrew, but by the end of the year a part-time development officer had been assigned to one region and a specific development project contracted in another.

### BEREAVEMENT CARE

We continued to provide funding during the year to the Bereavement Support Services of Our Lady's Hospice, Harold's Cross, and St Francis Hospice, Raheny. Funding was approved in 2005 for a social worker at St Francis to enable the hospice to develop new ways of working with bereaved families.

Meanwhile, a partnership project with the HSE South-Eastern Area got under way in January with the appointment of Brid Carroll as Bereavement Care Liaison Officer, based in Waterford. The HSE is funding this

post which is administered by the IHF and jointly managed.

The project set out to investigate the availability of bereavement information, support and professional care in the area and to identify any training or other needs. Staff from hospitals, community health services, voluntary bodies and schools/colleges were consulted for their views. The experiences of bereaved families were also taken into account. By year end, a comprehensive picture of bereavement care had emerged and a number of gaps have been identified. Initiatives to respond to these and to help develop standards and best practice in bereavement care will form the basis of a plan to move the project forward in 2006.

#### OTHER SUPPORT

The Foundation also provided support this year to a project based in St Vincent's Hospital, Dublin, which is seeking to establish a consistent standard of care for dying patients, based on a 'care pathways' system developed in Liverpool. This project reflects the same concerns about hospital care at the end of life as our own Care for People Dying in Hospitals project.

Other grants were made during the year to the IAPC and to a variety of individuals and organisations through our Education and Hardship Funds. Internationally, funding was granted to two students from Romania and Zimbabwe to allow them to attend a twoweek Research Summer School at the International Observatory on End of Life Care at Lancaster University.

#### CARE FOR PEOPLE DYING IN HOSPITALS PROJECT



Minister for Foreign Affairs and TD for the Louth area, Dermot Ahern, launching the new bag for returning patients' personal effects to bereaved families.

The key deliverable of this strategically important two-year project has been the development of an integrated process to assist Our Lady of Lourdes Hospital (Drogheda) and other hospitals to make verifiable changes in all aspects of care and organisational culture as they affect those who die in hospital and their families.

• The appointment on an 18-month contract of a Development Worker, Dolores Donegan, to focus on the development of a holistic system of integrated care for people who are which will meet and exceed internated best practice. Her brief also included development of a hospital-wide system.

#### KEY EVENTS DURING 2005:

- A detailed briefing on progress to the Minister for Foreign Affairs and Louth TD, Dermot Ahern, and to key hospital personnel in January. This event was also used to launch the newly designed 'Family Handover Bag'.
- In April, the roll-out of the Family
  Handover Bag, with all hospitals in the
  North East and key Dublin hospitals
  replacing plastic refuse sacks with a bag
  specially designed to bring dignity to the
  process of handing over deceased
  patients' personal effects to their families.
  The support of the North East's
  Palliative Care Service made this first
  phase of a national roll-out possible.
- The development, with the support of Comhairle, of a range of information resources relating to dying, death and bereavement. The booklets on topics such as *Breaking Bad News, Post-Mortems, Bereavement,* and *Care of the Muslim Patient* can also be accessed through the project website:

  www.newgrange-process.net

- contract of a Development Worker,
  Dolores Donegan, to focus on the
  development of a holistic system of
  integrated care for people who are dying
  which will meet and exceed international
  best practice. Her brief also includes the
  development of a hospital-wide system of
  support and review related to all deaths
  occurring in the hospital, including
  identifying the most appropriate forms of
  support for staff affected by dying,
  death and bereavement.
- The publication of a research report, Death and Dying in an Acute Hospital, based on work undertaken with focus groups in the hospital. This report generated considerable media interest and the issues raised were seen by many as likely to be representative of all hospitals.
- The organisation of the first ever national conference on care for people dying in hospitals (see under *Advocacy*, p 12).
- The undertaking of some interim structural improvements in the hospital, notably in the mortuary and nearby family room. A model multi-functional staff room was also developed to promote privacy for meetings with families and breaking bad news as well as providing somewhere for a family member to rest while attending a dying relative.

 The winning of the 'Best Hospital Project' award at the Irish Healthcare Pharmaceutical Awards in October.

Both the establishment of the new Health Service Executive and changes in the management team at the hospital had implications for the momentum of development and for the membership of the project committee. Anticipating this changing environment, a Standing Committee on Dying, Death and Bereavement for all the acute hospitals in the North-East was in the process of being established at the end of year.

The project would like to record its appreciation of the support provided during 2005 by Comhairle, the Health Services National Partnership Forum and the regional and hospital forum, Palliative Care Services in the North East. Above all we would like to thank the many hospital staff who provided support and encouragement and took responsibility for individual and collective initiatives. We would also like to express appreciation for the work of the Project Administrator, Caroline Kearns, who returned to Scotland in March, and to Denise Robinson, who replaced her.



The project team, after receiving the 'Best Hospital Project' award at the Irish Healthcare Pharmaceutical Awards ceremony in the Burlington Hotel in October. From left to right: Dolores Donegan, Development Worker; Mervyn Taylor, Project Manager; Denise Robinson, Project Administrator.

#### FUNDRAISING

At the end of 2004, the Irish Hospice Foundation made a submission and a subsequent presentation to Tesco Ireland in a bid to have Hospice nominated as the company's 'Charity of the Year' for 2005. We were delighted when our efforts proved successful, resulting in over 2,000 enthusiastic Tesco staff all over Ireland giving their time and talents throughout the year to raise money for local hospice and palliative care services. The fourth year of the supermarket chain's Charity of the Year initiative, it also turned out to be its most successful ever, raising a total of over €1.5m. The monies raised in each area will go direct to hospice/palliative care services in that area. Our warmest thanks to Tesco and its staff.

We also wish to record our thanks to Argos, whose nomination of Hospice as its Charity of the Year began in July 2005 and will be repeated for a second year from mid 2006. Staff in all 24 Argos stores throughout the country are fundraising for local hospice services.

#### ANNUAL EVENTS

As with the Tesco initiative, the two big annual fundraisers in aid of hospice care in Ireland -Sunflower Days and Ireland's Biggest Coffee Morning - are promoted and coordinated by the Irish Hospice Foundation on behalf of the voluntary hospice movement. Again, all funds go to services based in the area where the money is raised.

This year Sunflower Days took on a new flavour with the welcome announcement of Tayto's sponsorship. The country was awash with sunflowers over the days of



Tesco Ireland's 'Charity-of-the-Year' campaign raised €1.5m for hospice services. Helping to spread the good news were TV3 personality, Claire Byrne, assisted by Ross O'Brien and Niamh Murray.

11th and 12th June. Ireland's Biggest Coffee Morning on 15th September saw coffee mornings taking place in schools, offices, community centres, hospitals and other venues throughout Ireland. This was the 12th year of this event, which is kindly supported by Bewley's.

### WINE AUCTION

As well as working to support the fundraising efforts of local hospice groups and services around Ireland, we also need to fundraise on our own behalf. The first event of the year was a wine auction on 1st February which took place in Restaurant Patrick Guilbaud. Tickets for this event sold out weeks beforehand. With Harry Crosbie in the role of auctioneer, a total of 31 lots fell under the hammer, including a barrel of Hospices de Beaune Volnay Premier Cru Cuvée Blondeau 2004. The auction netted €92,000 for the Irish Hospice Foundation, thanks to the good work of an excellent committee and the generosity of the wine industry and all involved.

#### SUPPORT FOR CHILDREN'S SERVICES

This was the third year of our Muc in for Hospice fundraising drive aimed at schools, and it was encouraging to receive advance publicity from the RTÉ children's television programme, The Den. With the continued and much appreciated support of Fossett's Circus, over 2,300 children from primary schools all over the country took part in April, raising more than €26,000 for children's hospice care.

Also in aid of children's services is the annual Howth Walk, which took place this year on 14th May and raised over €30,000. For the past 16 years, lady golfers from clubs all over Dublin and neighbouring counties have organised and participated in this sponsored walk around Howth Head to



Enjoying the wine auction in Restaurant Patrick Guilbaud Mary Dowey and Nigel Werner

raise money for the children's homecare nursing service based at Our Lady's Hospital for Sick Children, Crumlin. To date, a total of over €450,000 has been raised through the efforts of a dedicated committee under the current chairmanship of Joan Wylde. As always, we are indebted to these loyal supporters.

#### **CAMPAIGNS**

Two direct mail campaigns were undertaken during the year, in May and November. Larger than in previous years, they targeted a list of 70,000 names and requested a monthly direct debit donation of €5 or a one-off donation for any amount. Together these campaigns succeeded in increasing our annual direct debit income by approximately €68,000, while raising a further estimated €150,924 in oneoff donations. A total of €350,000 is now raised annually through direct debits.

Throughout the year, we continued to work to raise awareness about legacy-giving, advertising in The Irish Times and researching advertising opportunities with other publications. The Foundation is also actively participating in an inter-charity legacy promotion campaign, the aim of which is to educate and inform people about making wills and to encourage them to include bequests to charities.

#### CORPORATE FUNDRAISING

Our corporate fundraising work received a boost in 2005 with the appointment of Mary Millea as Business Development Executive, charged with encouraging sponsorships and donations from the corporate sector as well as

promoting our Give As You Earn scheme. This and sleeves of golf balls. A total of €50,000 programme enables company employees to support the IHF on a regular basis by means of an agreed monthly donation which is collected with the cooperation of the employer via salary deductions Our thanks to all the organisations who supported us in 2005, among them Ladbrokes; Enterprise Ireland; Anglo-Irish Bank; The Irish Times; Bank of Scotland (Ireland); Royal & Sun Alliance; the Communications Workers' Union and SAP.

#### NATIONAL GOLF COMPETITION

To coincide with World Hospice & Palliative Care Day, a committee chaired by IHF Board member, Maryrose Barrington, organised a national 'nearest-the-pin' golf competition in October. We were most grateful to receive the backing of Christy O'Connor Junior and the Irish Region of the Professional Golfers' Association - undoubtedly a factor in achieving the participation of more than 114 golf clubs despite a rather short lead-in time. Prizes included three trips to St Andrew's Old Course in Scotland, along with bottles of champagne

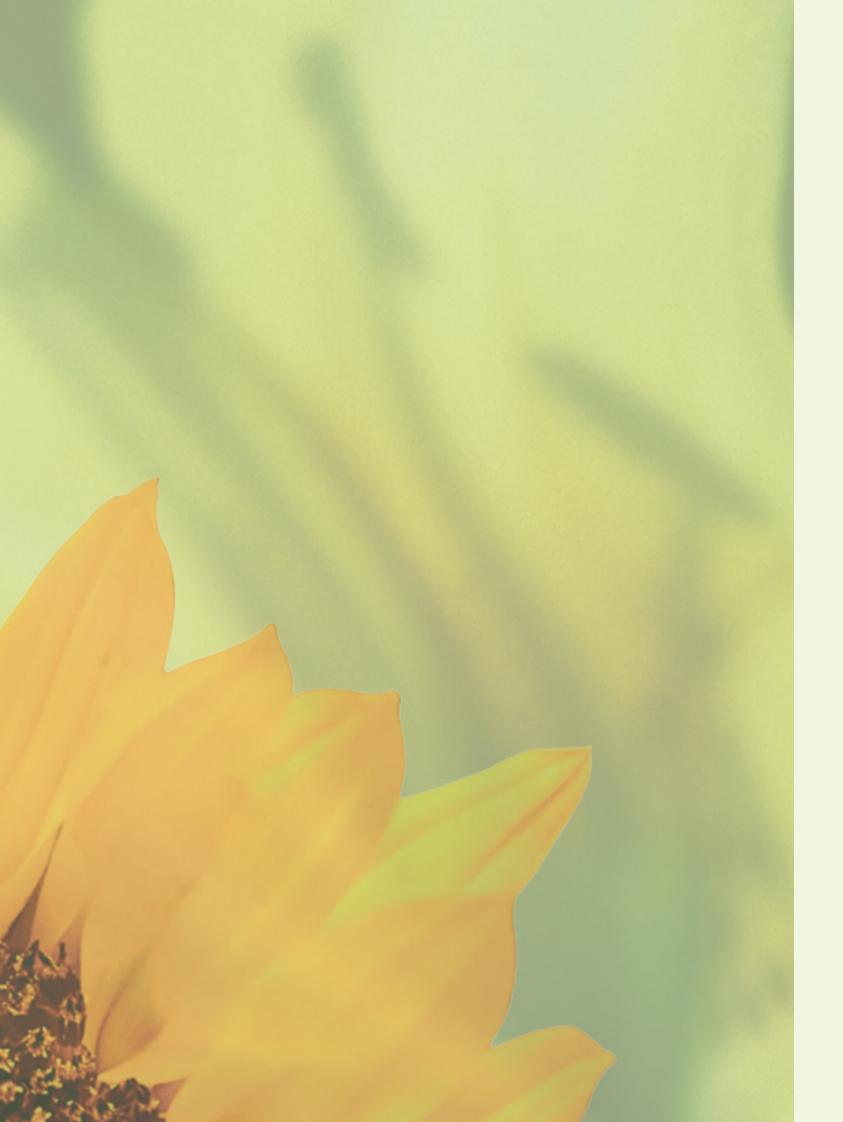
was raised through the event, which we now plan to develop into an annual fundraiser.

Christmas cards and our nondenominational Soláis sympathy cards are another source of income. Both are available direct from the Foundation or can be purchased from the online shop on our website. Our 2005 Christmas card collection comprised a selection of contemporary designs appealing to both individuals and corporates, and sold in packs of 10 for €10. Combined income from the sale of cards and donations made by companies in lieu of sending cards was around €55,000. In addition we received a percentage from the sale of cards produced by John Hinde and Lantz Stationery and sold in newsagents.

Our sincere thanks to all our sponsors, donors, committee members and other supporers.



Christy O'Connor Jnr (second left), with IHF CEO, Eugene Murray (centre), presenting prizes after the 'nearest-the-pin' golf competition. From Dublin clubs (I. to r.) were: Brian Lillis, Forrest Little; David Cullen, Hermitage, receiving the overall trophy for the only hole-in-one; and Helen Cosgrove, Luttrellstown. Tommy Whitney of Carlow Golf Club was represented by Nicholas Finn, Competition Secretary (extreme right); the remaining winner was Joe McCafferty of Greencastle Golf Club, Co. Donegal



# THE IRISH HOSPICE FOUNDATION

# CORPORATE AND FINANCIAL INFORMATION

A company limited by guarantee and not having a share capital CHARITY REF. NO. 6830

#### INDEPENDENT AUDITORS REPORT

To The Directors of The Irish Hospice Foundation Limited A Company Limited by Guarantee and having no Share Capital

We have audited the financial statements of The Our responsibility is to audit the financial Balance Sheet and the related notes. These financial statements have been prepared under the historical cost convention and the accounting policies set out therein.

This report is made solely to the company's Companies Acts. We also report to you whether members, as a body, in accordance with Section 193 of the Companies Act, 1990. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to extraordinary general meeting of the company; them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members as a body, for our audit work, for this report, or audit and whether the company's balance sheet for the opinions we have formed.

#### RESPECTIVE RESPONSIBILITIES OF DIRECTORS AND AUDITORS

As described in the Statement of Directors' Responsibilities the company's directors are responsible for the preparation of the financial statements in accordance with applicable law and Irish Accounting Standards.

Irish Hospice Foundation Limited for the year statements in accordance with relevant legal and ended 31st December 2005 which comprise regulatory requirements and Auditing Standards the Statement of Financial Activities, the promulgated by the Auditing Practices Board in Ireland and the United Kingdom.

> We report to you our opinion as to whether the financial statements give a true and fair view and are properly prepared in accordance with the in our opinion: proper books of account have been kept by the company; whether, at the balance sheet date, there exists a financial situation requiring the convening of an and whether the information given in the Directors' Report is consistent with the financial statements. In addition we state whether we have obtained all the information and explanations necessary for the purposes of our and its Profit and Loss Account are in agreement with the books of account.

We report to the members if, in our opinion, any information specified by law regarding directors' remuneration and directors' transactions is not given and, where practicable, include such information in our report.

We read the Directors' Report and consider the implications for our report if we become aware of any apparent misstatement within it.

#### BASIS OF AUDIT OPINION

We conducted our audit in accordance with In our opinion the financial statements give a Auditing Standards issued by the Auditing amounts and disclosures in the financial statements. It also includes an assessment of Companies Acts 1963 to 2005. the significant estimates and judgments made by the directors in the preparation of the financial statements, and of whether the accounting policies are appropriate to the company's circumstances, consistently applied and adequately disclosed.

We planned and performed our audit so as to obtain all the information and explanations which we considered necessary in order to provide us with sufficient evidence to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or other irregularity or error. In forming our opinion we also evaluated the overall adequacy of the presentation of information in the financial statements.

#### OPINION

true and fair view of the state of the company's Practices Board. An audit includes examination, affairs as at 31st December 2005 and of its on a test basis, of evidence relevant to the surplus for the year then ended and have been properly prepared in accordance with the

> We have obtained all the information and explanations we consider necessary for the purposes of our audit. In our opinion, proper books of account have been kept by the company. The company's financial statements are in agreement with the books of account.

> In our opinion, the information given in the Director's Report is consistent with the financial

#### Gaby Smyth & Company

Chartered Accountants and Registered Auditors 92 Merrion Road, Ballsbridge. Dublin 4

5th April 2006

# STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31st DECEMBER 2005

	Notes	2005 €	2005	2005	2004 €
	ι	Inrestricted	Restricted	Total	Total
		Funds	Funds	Funds	Funds
INCOMING RESOURCES					
Income from fundraising activities		1,441,472	85,069	1,526,541	1,075,099
Other income		768,651	1,549,111	2,317,762	269,523
Total income	_	2,210,123	1,634,180	3,844,303	1,344,622
RESOURCES EXPENDED					
Grant aid	2	(826,024)	(1,649,662)	(2,475,686)	(695,987)
National Bereavement Centre	3	(722,815)	(0)	(722,815)	(620,991)
Fundraising	4	(445,815)	(0)	(445,815)	(384,282)
Management and administration	5	(109,637)		(109,637)	(94,561)
Total resources expended	-	(2,104,291)	(1,649,662)	(3,753,953)	(1,795,821)
(DEFICIT)/SURPLUS FOR THE YEAR	}	105,832	(15,482)	0,350	(451,199)
TRANSFERRED FROM/TO GENERAL RESERVES		105,832	(15,482)	0,350	(451,199)
FUND BALANCES					
At 1st January 2005		3,251,468	35,968	3,287,436	3,738,635
At 31st December 2005		3,357,300	20,486	3,377,786	3,287,436

There are no recognised gains or losses other than the profit or loss for the above financial year.

#### BALANCE SHEET AS AT 31st DECEMBER 2005

	Notes	2005 €	2005	2004 €	2004
FIXED ASSETS					
Tangible Assets	10		401,408		447,164
CURRENT ASSETS					
Stock	11	45,320		62,912	
Debtors	12	1,762,584		75,762	
Cash at bank and in hand		3,032,232		3,129,508	
		4,840,136		3,268,508	
CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR	13	(1,787,441)		(350,006)	
DEFERRED INCOME	14	(76,317)		(77,904)	
NET CURRENT ASSETS			2,976,378		2,840,272
Total Net Assets			3,377,786		3,287,436
RESERVES AND FUNDS					
Restricted Funds	8		20,486		35,968
Unrestricted Funds	8		3,357,300		3,251,468
			3,377,786		3,287,436

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31st DECEMBER 2005

#### ACCOUNTING POLICIES FOR THE YEAR ENDED 31ST DECEMBER 2005

These financial statements have been prepared in accordance with applicable Accounting and Financial Reporting Standards. The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the financial statements.

#### 1.1 Accounting Convention

The financial statements are prepared in accordance with generally accepted accounting principles under the historical cost convention and comply with financial reporting standards of the Accounting Standards Board, as promulgated by The Institute of Chartered Accountants in Ireland. The financial statements have also been prepared to comply with "Accounting and Reporting by Charities" (Charities SORP), the revised statement of recommended practice issued by the Accounting Standards Board 2000 and the Accounting Standards Board "Statement on Update Bulletin 1 of the Charities SORP" issued in December 2002.

#### 1.2 Tangible Fixed Assets & Depreciation

Depreciation is calculated to write off the cost of fixed assets over their useful lives at the following annual rates: Furniture and equipment 20% Straight Line Computer equipment 3% Straight Line Leasehold improvements 6.67% Straight Line

#### 1.3 Stock

Stocks are valued at the lower of cost and net realisable value.

#### 1.4 Income and Expenditure

Income and expenditure are accounted for on an accruals basis where applicable. Voluntary donations are recognised upon entry to the Foundation's accounting records.

#### 1.5 Donations

Monies received or raised for a specific hospice activity are set aside in a separate restricted fund to be applied thereto. Donations received for a specific hospice are included in donation income.

#### 1.6 Government Grants

Capital grants received and receivable are credited to a deferred income account and released to revenue at the same rate as the assets to which they relate are depreciated. Revenue grants are credited to revenue in the period to which they relate.

#### 1.7 Pension Costs

Contributions payable to the pension scheme are charged to the profit and loss account.

#### 1.8 Resources expended

Resources expended are analysed between Grant Aid, National Bereavement Centre, costs of fundraising and management and administration costs. Where costs cannot be directly attributed, they are allocated in proportion to the benefits received.

Salaries and associated costs which can be attributed to specific projects are charged accordingly.

		2005	2004
		€	€
2.	Grant Aid		
	Direct grant aid	2,161,050	530,585
	Sunflower Days, Coffee Morning and Tesco	150,252	57,627
	Salaries	123,246	69,941
	Office/service costs	41,138	37,834
	Total direct grant aid expenditure	2,475,686	695,987
3.	National Education and Bereavement Resource Centre		
	Direct cost of courses	69,798	56,952
	Information centre	18,808	1,484
	Salaries	387,383	335,556
	Office/service costs	246,826	226,999
	Total Education & Bereavement Resource Centre costs	722,815	620,991
4.	Fundraising		
	Fundraising campaigns	89,885	84,762
	Direct mail (1)	100,439	60,960
	Salaries	173,216	162,894
	Office/service costs	82,275	75,666
	Total fundraising costs	445,815	384,282
	(1) The fundraising benefits of these campaigns materialise in fu	iture years.	
5.	Management and Administration		
	Salaries	62,099	50,380
	Audit/Accounting expenses	6,400	6,347
	Office/Service Costs	41,138	37,834
	Total Management and Administration Costs	109,637	94,561
6.	Surplus of Expenditure over Income		
	This is stated after charging:-		
	Depreciation	54,386	51,962
	Rent of premises	171,414	171,414
	Staff costs including wages and salaries	,	,
	Social welfare and pensions	745,944	719,046
	Auditor's remuneration	6,400	6,000

Tangible Assets				
Tangible 1133ets	Leasehold	Furniture	Computer	Total
				31/12/05 €
Cost	C	C	C	C
At 1st January 2005	397,430	147,916	33,317	578,663
Additions	-	5,333	14,637	19,970
Disposals		-	-	-
At 31st December 2005	397,430	153,249	47,954	598,633
Accumulated Depreciation				
At 1st January 2005	53,641	56,860	20,998	131,499
Charge for the year	26,495	18,967	8,924	54,386
Write off of grant-aided assets		11,340	-	11,340
At 31st December 2005	80,136	87,167	29,922	197,225
Net Book Value				
At 31st December 2005	317,294	66,082	18,032	401,408
At 31st December 2004	343,789	91,056	12,319	447,164
	At 1st January 2005 Additions Disposals At 31st December 2005 Accumulated Depreciation At 1st January 2005 Charge for the year Write off of grant-aided assets At 31st December 2005 Net Book Value At 31st December 2005	Leasehold Improvements	Leasehold Improvements	Leasehold Improvements       Furniture Equipment       Computer Equipment         €       Cost         At 1st January 2005       397,430       147,916       33,317         Additions       -       5,333       14,637         Disposals       -       -       -         At 31st December 2005       397,430       153,249       47,954         Accumulated Depreciation       At 1st January 2005       53,641       56,860       20,998         Charge for the year       26,495       18,967       8,924         Write off of grant-aided assets       -       11,340       -         At 31st December 2005       80,136       87,167       29,922         Net Book Value         At 31st December 2005       317,294       66,082       18,032

Included in 'Furniture and Equipment' are assets with a net realisable value of €22,077 in respect of assets that were purchased in 2003 with a grant received from the Department of Health and Children.

11.	Stock	2005	2004
	Stock on hand	€ 45,320	€ 62,912
	Total stock on hand	45,320	62,912
12.	Debtors		
	Fundraising events	5,377	23,007
	Income tax refunds	12,000	2,975
	Deposit interest	10,229	6,626
	Prepayments	16,366	9,834
	Tesco 'Charity of the Year'	1,500,000	-
	Sundry debtors	218,612	33,320
		1,762,584	75,762
13.	Creditors		
	Amounts falling due within one year:		
	Grants	22,077	33,417
	Heber	53,128	53,101
	Trade creditors and accruals	1,675,754	248,369
	PAYE/PRSI	36,482	15,119
		1,787,441	350,006
14.	Deferred Income		
	At 1st January 2005	77,904	-
	Movement for year	(1,587)	-
	At 31st December 2005	76,317	77,904
15.	Commitments		

#### 16. Approval of Financial Statements

Operating lease commitments

Research and education

The financial statements were approved by the board of directors on 5th April 2006

22,500

190,461

The company has the following commitments at 31st December 2005

7.	Employees				2005	2004
	Number of Employee					
	Average monthly num	iber of employe	es during the ye	ar	15	15
	<b>Employment Costs</b>				€	€
	Wages and salaries				682,405	683,444
	Pension costs			-	63,539	35,602
					745,944	719,046
8.	Funds Balance	n I	2.7	D		n i
		Balance 01/01/05	Net Income	Bereavement Centre	Grant	Balance 31/12/05
		€	€	€	€	€
	Restricted					
	Children	14	50,068	-	50,082	-
	Tesco and Argos		,		,	
	'Charity of the Year'	-	1,254,370	-	1,254,370	-
	MUC	35,954	35,001	-	70,955	-
	Grants received	0	294,741	-	274,255	20,486
		35,968	1,634,180	-	1,649,662	20,486
	Unrestricted					
	Other Activities	3,251,468	617,220	-	511,388	3,357,300
		3,287,436	2,251,400	-	2,161,050	3,377,786
9.	Grants - Other Activi	ities			2005 €	2004 €
	Total unrestricted gra	nts (1)			511,388	342,059
	Total restricted grants				1,649,662	188,526
	Total Expenditure on	Grants and Pro	jects		2,161,050	530,585

(1) Allocated to: 'Care for People Dying in Hospitals' project; Our Lady's Hospice, Harold's Cross; St Francis Hospice, Raheny; Educational Grants; Children's Needs Assessment; Education Needs Assessment; Our Lady's Hospital for Sick Children, Crumlin; Other Grants; Research & Development; Hardship Grants; Irish Association for Palliative Care; Visiting Professor, Lancaster University; International Hospice Care; Bereavement Coordinator; Workplace Bereavement Policy.

(2) Allocated to: Tesco 'Charity of the Year' project; Children's Nursing Liaison Service; Palliative Care, Crumlin Hospital; Research & Development; Laura Lynn Children's Hospice; Baseline Study; Bereavement Coordinator; Care for People Dying in Hospitals project; Education Needs Assessment; Argos 'Charity of the Year' project.

## (31)

#### SUPPLEMENTARY INFORMATION FOR THE YEAR ENDED 31st DECEMBER 2005

	Schedule	2005 €	2004 €
INCOME		C	C
Art:pack		407	1,066
Peter and The Wolf project		70,597	118,540
Fundraising income		1,455,537	1,009,615
Direct fundraising costs		(190,324)	(199,846)
Other income	1	2,317,762	269,523
Total income	•	3,653,979	1,198,898
EXPENDITURE			
Wages and salaries (including pension contribut	tions)	745,944	618,975
Rent and landlord service charge	tions)	203,123	201,871
Printing and stationery		21,898	18,218
Postage and telephone		29,865	23,438
Office cleaning		11,159	10,449
Insurance		8,380	10,694
Light and heat		5,386	5,000
0		10,937	16,290
Computer services Training and communication			
		2,311	3,956
Newletters and reports Depreciation		9,018 54,386	17,773
Professional fees		9,057	51,962
Travel and entertainment		7,595	7,490 3,428
Staff recruitment		1,573	2,443
Sundry expenditure		43,089	11,463
Total expenditure		1,163,721	1,003,450
iotai experienture			1,005,450
Excess of income over expenditure		2,490,258	195,448
EXPENDED AS FOLLOWS:			
Direct grant aid		1,641,702	399,110
Projects		519,348	131,475
Information centre		18,808	1,484
Training workshop expenses		69,798	56,951
National fundraising		150,252	57,627
Total expended		2,399,908	646,647
(Deficit)/Surplus added to reserves		90,350	(451,199)
OTHER INCOME			
Deposit interest		47,527	47,735
Donations		264,134	49,798
Training workshops		127,731	117,773
National fundraising		1,583,629	54,217
Grants received		294,741	-
Total Other Income		2,317,762	269,523

The supplementary information does not form part of the audited financial statements.

#### CORPORATE INFORMATION

#### CHIEF EXECUTIVE OFFICER

Eugene Murray

#### COMPANY SECRETARY

Eugene Murray

#### REGISTERED OFFICE

The Irish Hospice Foundation, Morrison Chambers, 32 Nassau Street, Dublin 2

#### AUDITORS

Gaby Smyth & Co. Ltd, 92 Merrion Road, Ballsbridge, Dublin 4

#### BANKERS

Bank of Ireland, Montrose Branch, Stillorgan Road, Co. Dublin AIB Bank, 1 Lower Baggot Street, Dublin 2

#### SOLICITORS

Eugene F. Collins, Temple Chambers, 3 Burlington Road, Dublin 4

## BOARD OF DIRECTORS

Denis Doherty, Chairperson	
Maryrose Barrington	
Brendan Butler**	
Trevor Bowen*	
Cynthia Clampett**	
Marie Donnelly*	
Muiris FitzGerald	
Marian Finucane	
Tom Healy**	
Miriam Hughes	
Gary Jermyn	
Antoin Murphy	
Kevin O'Dwyer**	
Eileen Pearson**	
Robert Power*	

<sup>\*</sup> Outgoing in 2005 \*\* Incoming in 2005

Bill Shipsey\*



#### STAFF

#### EDUCATION & BEREAVEMENT RESOURCE CENTRE

Orla Keegan, Education, Research and Development Manager

Susan Delaney, Bereavement Services Manager

Caroline Pfeifer, Library and Information Centre Manager

Breffni McGuinness, Training Officer

Iris Murray, Administrator

Maura Dunne, Administration Assistant

#### FUNDRAISING

Aisling Carr, Events Manager

Anne-Marie Butler, Events Coordinator

Karen Ciesielski, Campaigns Manager

Mary Millea, Business Development Executive

#### COMMUNICATIONS

Aileen O'Meara, Communications Manager (to mid-year)

Caroline Lynch, Communications Manager (from mid-year)

#### FINANCE

Emer O'Riordan, Finance Manager

#### ADMINISTRATION

Oona Walls, Office Manager

Emer Connolly, PA to CEO/Publications Coordinator

