

# 2006

Annual Report



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# Mission Statement

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## OUR VISION

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Our vision is a society in which no one should face death or bereavement without the appropriate care and support.

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## OUR MISSION

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To support and enable the development of a world-class hospice/palliative care service.

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## OUR OBJECTIVES

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- » To raise public awareness of the hospice philosophy and hospice service needs.
- » To influence decision makers on the key service development issues.
- » To make a difference to patient and family care by undertaking or supporting initiatives that contribute to the development of hospice/palliative care services, including bereavement care.
- » To enhance society's response to bereavement by offering information, education, support for research and consultancy.
- » To maximise our contribution to national fundraising events in support of local hospice services and to be self-financing as an organisation.

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# Letter from the Chairman



**The past year has seen the Irish Hospice Foundation (IHF) mark 20 years of work aimed at enhancing the provision of end-of-life care in Ireland. Set up by Dr Mary Redmond in 1986, the IHF's purpose has evolved from an initial focus on fundraising to its present mission of promoting the hospice philosophy and supporting the development of hospice and palliative care throughout Ireland.**

Many developments have taken place in hospice care over the past two decades. There are now eight in-patient hospice units while home care has expanded to provide better services for people in their own communities. More consultants in palliative medicine have been appointed and the National Council for Specialist Palliative Care has been established.

Our work is far from complete, however. The report, *A Baseline Study on the Provision of Hospice/Specialist Palliative Care Services in Ireland*, which we launched in March 2006, revealed that patient and family access to services largely

depends on the region in which the patient resides and the nature of their diagnosis.

We are committed to working with the Department of Health and Children, the Health Service Executive and with hospice service providers to first reduce and then eliminate regional inequalities in service provision, to secure the appointment of multi-disciplinary teams and to extend services to non-cancer patients.

During the past year, the IHF has taken steps to redress some of the existing inequalities by funding night nursing for non-cancer patients, working with others to plan the development of hospice services for children and focusing attention on how best to meet the education needs of professionals working in hospice/palliative care.

Significant progress has also been made in planning the national roll-out of our *Hospice Friendly Hospitals* (HfH) Programme, which aims to mainstream the incorporation of hospice principles into hospital practice.

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**Many developments have taken place in hospice care over the past two decades.**

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This is the first programme of its kind in Europe. Crucial to its success will be the development of a comprehensive framework of standards regarding dying, death and bereavement in the general hospital setting.

It was my pleasure during the year to welcome Brendan Butler, P.J. Brigdale and Don Thornhill as new Board members. I would like to acknowledge the continued commitment and energy of my fellow Directors. The staff of the IHF have demonstrated high levels of dedication and professionalism.

Finally, none of our work for the development of hospice services would be possible without our donors and supporters who have provided essential assistance.

*Denis Doherty*  
Chairman of the Board

# Report of the Chief Executive Officer



**In 2006 the IHF made real progress in convincing the social partners and the government to develop comprehensive hospice/palliative care services across the country.**

Our education, research and information services continued to play a key role in building capacity within the hospice sector. Our flagship development project, the HfH Programme moved from the planning to the implementation stage, with significant core funding from the Atlantic Philanthropies.

We were involved in developing new services in support of families who have children with life-threatening illnesses and we launched a new service providing night nursing for palliative care patients with a non-malignant diagnosis.

We continued to coordinate national fundraising initiatives for local hospice services and were increasingly motivated by the universal generosity and goodwill of the Irish people towards the hospice movement.

## Advocacy

A key development during the year was the publication of the report, *A Baseline Study on the Provision of Hospice/Specialist Palliative Care Services in Ireland*, which reviewed and benchmarked the development of services since the 2001 report of the National Advisory Committee on Palliative Care (NAPC) was endorsed as government policy.

The Baseline Study highlighted ongoing inconsistencies and inequities in accessing hospice services around the country. It revealed that many of the recommendations of the 2001 report remained unfulfilled.

The IHF, working separately and in conjunction with the Irish Association for Palliative Care (IAPC) and the Irish Cancer Society (ICS), used the findings of the Baseline Study to advocate for the allocation of funds and the strategic development of hospice services.

At the launch of the Baseline Study, the Tanaiste and Minister for Health and Children, Mary Harney T.D., stated that the

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**The Baseline Study highlighted ongoing inconsistencies and inequities in accessing hospice services around the country.**

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spending on hospice services should be doubled.

To meet the shortfall in funding and develop a comprehensive palliative care service countrywide would necessitate an additional €15m in revenue spending in palliative care each year for the coming five years. On the capital side, €29.4m in additional spending annually over five years is required. This information was provided to the social partners in advance of the new Social Partnership agreement. The IHF also made a submission to the National Development Plan.

These advocacy efforts were successful. The new Social Partnership Agreement, *“Towards 2016 Ten-Year Framework Social Partnership Agreement 2006-*

2015, included a provision to prioritise hospice care over the next three years by, *“further developing palliative care throughout Ireland, with particular reference to the Baseline Study on the provision of Hospice/Specialist Palliative Care Services.”*

Meanwhile, the *National Development Plan 2007-2013: Transforming Ireland - A Better Quality of Life for All*, pledged to develop palliative care services around the country. It specifically referred to providing support to develop specialist palliative care beds in in-patient units, palliative care community support beds, day services and ancillary supports.

A joint pre-budget submission between the IHF, the IAPC and the ICS was made to the Department of Finance in the run-up to Budget 2007.

The Taoiseach, Mr Bertie Ahern, T.D., was guest of honour at an Evening of Thanksgiving to mark the 20th Anniversary of the IHF at the Royal Hospital Kilmainham on Monday 11th December 2006. He endorsed the Baseline Study by stating:

*“The Baseline Study has provided the evidence to underpin the investment and could be viewed as a ‘roadmap’ of where we want to go and how we are going to get there. This will require the involvement of all the stakeholders, including the statutory and voluntary organisations, who each play a*

An Taoiseach Bertie Ahern speaking at the IHF’s 20th anniversary event at the Royal Hospital Kilmainham on December 11th 2006.

*vital role in caring for those who are dying or who have a life limiting illness.”*

### Education and research

A number of key developments took place during the year on the education front. The IHF’s postgraduate course was extended and we are now offering a Master’s in Bereavement Studies.

The National Council for Specialist Palliative Care, the IAPC and the IHF worked together on a review of education for palliative care in Ireland. Following a round-table focusing on education, a report detailing new strategic initiatives was prepared at the end of the year.

Meanwhile, Professor David Clark developed and circulated a discussion paper on the potential for an Institute for Palliative Care in Ireland.

### Paediatric palliative care

I would like to acknowledge the Minister for Health and Children’s commitment to a multi-annual funding increase of €250,000 per annum in the years 2006-08 for paediatric palliative care.

The IHF is committed to matching this funding and continued to finance a number of posts at Our Lady’s Hospital for Sick Children in Crumlin.

It has been agreed that the most effective intervention in support of families and children with life-threatening illness will be to establish a team of eight regionally based children’s outreach nurses – two in each HSE region. An education programme and the plan to establish a register of children with chronic life-limiting illnesses will be rolled out in 2007.





Hospice care is person-centred.



### Night nursing for non-cancer patients

The Baseline Study revealed the poor state of services for non-cancer patients such as individuals with end-stage stroke, renal failure, pulmonary and heart disease.

At the end of 2006, the IHF put in place a night nursing scheme to respond to requests from health/social care professionals for patients dying at home who were suffering from an illness other than cancer. The ICS's pool of night nurses provided the nursing service with the IHF providing funding for up to 10

nights for each patient. We are most grateful to the ICS for their support on this project.

### Older & Bolder Campaign

The IHF participated in the national *Older & Bolder* campaign, which was launched on 2nd November 2006 and aimed to make Ireland a better place in which to be an older person. It specifically called on all the political parties to make a commitment to a National Strategy for Older People during the lifetime of the next government.



## Hospice Friendly Hospitals Programme

The planning phase of the *Hospice Friendly Hospitals Programme* concluded during the year. This is one of the most important initiatives ever undertaken by the IHF and has the potential to transform the end-of-life care experience of individuals and their families in hospitals.

A series of activities were undertaken during 2006, with hospitals invited to respond to a 'Call for Expressions of Interest' in participating in the Programme. A series of strategy workshops on the four key themes of the Programme were attended by experts. Wide-ranging consultation also took place, with study visits throughout Ireland and overseas as well as dialogue with a range of organisations and individuals.

## Fundraising

The IHF's fundraising agenda enjoyed a high public profile during the year when the organisation was the chosen charity for two televised

competitions - *Celebrity Jigs and Reels* and *Celebrity You're A Star*.

A big effort was invested in fundraising for paediatric palliative care, with a direct mail campaign as well as the ongoing efforts of the annual *Howth Walk*'s organising committee and participants. We continued to receive the support of the golfing community through the national *Nearest-the-Pin* competition and a golf day donated by the captain and committee of Dun Laoghaire Golf Club. Our corporate partners and sponsors play an increasing role in funding our activities.

## In appreciation

On behalf of the IHF I would like to thank all of our sponsors, donors and benefactors who have supported the work of the IHF. Some of our supporters have demonstrated their commitment to hospice care by giving their time, sharing their expertise or through their willingness to lend their name or use their influence to support our agenda.

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The IHF's fundraising agenda enjoyed a high public profile during the year.

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We continued to work in partnership with a number of organisations on a national and local level in order to develop hospice services. We would like to express our gratitude for that support.

I would like to express our appreciation to our Chairman, Denis Doherty and the other members of the Board and its sub-committees who have generously contributed their time and expertise.

Finally, I would like to acknowledge the staff who have implemented the work programme of the IHF with professionalism and dedication.



Eugene Murray  
Chief Executive Officer

# Education and Training

Throughout 2006 the IHF continued to develop its portfolio of education courses and to respond to a wide range of requests for training in bereavement related topics. It also worked with others in reviewing how the education needs of palliative care and hospice professionals may best be fulfilled across Ireland.

## EDUCATION

### M.Sc/Postgraduate Diploma in Bereavement Studies

In the early Summer we heard that our submission to the Faculty of the Royal College of Surgeons in Ireland (RCSI) and the National University of Ireland to progress our post-graduate course into a MSc was agreed. The first Master's classes will be convened in 2007.

Just before Christmas, Professor Ciaran O'Boyle of the RCSI presided over a graduation ceremony for our 2005-2006 students who received their Higher Diploma in Bereavement Studies. In September, 18 students enrolled and registered, representing the third intake to the course - all of whom are now eligible to enrol for the second year Master's component.

### Certificate in Children and Loss

The 12-day certificate programme, which is also organised in association with RCSI, continued to be heavily subscribed. Some 25 students graduated and were awarded



Bernadette Farrington from Raheny (left) and Mary Byrne of Clontarf who received the joint bursaries funded by PCI College and the IHF.



Some of the information on bereavement available from the IHF.

their certificates on 7th April. In October 2006 a further 25 students were enrolled.

### Further Education in Hospice/palliative care

During 2006 we worked with the National Council for Specialist Palliative Care and the IAPC in a review of education for palliative care in Ireland.

In June we hosted a round-table focussing on education and a report detailing new strategic initiatives was prepared.

Throughout 2007 we will look at new developments including education for the public, for carers and care assistants as well as extended professional education.

## Visiting Professor of Hospice Studies

Professor David Clark, the medical sociologist who was appointed Visiting Professor of Hospice Studies in Ireland in 2005, continued in his role and developed links with individual departments and researchers at UCD and TCD.

In January, Prof. Clark chaired a qualitative research training day for doctors at Milford Hospice in Limerick. He presented at a number of conferences through the year including the 'Moving Points' conference in April which focused on the needs of older people. The executive committee of the European Association for Palliative Care attended this conference. Prof. Clark delivered his inaugural public lecture on the topic *End of life care around the world: a global and local perspective* in November.

Based on his observations and discussions with colleagues



Professor David Clark

through the first year of the Visiting Professor scheme, Prof. Clark developed a discussion paper on the potential for *An Institute for Palliative Care in Ireland*. This proposal sets out possibilities for supporting research and education on a broad scale in Ireland. At the end of 2006 the discussion paper was widely circulated. The IHF will support Prof. Clark in this initiative.

## TRAINING

### Workshops

Our annual programme of one and two-day workshops on loss and bereavement began on 19th January and finished in July, providing a total of 25 days training in all. Some 19 topics were covered, both of a general nature and addressing more specific issues.

### Outreach Training

Training initiatives were undertaken during the year in private companies, state/semi-state bodies, educational programmes and nursing homes throughout the country.

The *Grief at Work* programme of workshops, *Lunch and Learn* seminars and talks continued to expand with over 500 people from 70 organisations attending.

Other outreach training included bereavement education for community groups, with over 150 people attending workshops and public talks. Inputs on

bereavement were provided in a number of educational programmes.

Four new volunteers were trained for service in St Francis Hospice, Raheny, by Dr Susan Delaney, bereavement services manager of the IHF. The volunteers joined the existing team at St Francis.



Dr. Susan Delaney

Bursaries were presented on 15th May by the Tánaiste and Minister for Health and Children, Mary Harney T.D., to two bereavement support volunteers from St. Francis Hospice to allow them to pursue training as accredited counsellors. The joint bursaries were funded by PCI College and the IHF.

### Initiatives

Prof. Sheila Payne from Sheffield University has studied hospice bereavement support in England and has conducted a wide range of studies on issues related to caring for people facing death. On 24th March, she convened a full day workshop for the IHF at St Francis Hospice.

A new project was initiated to develop a bereavement policy template for use in Irish companies and organisations. Research into current practice was commissioned and a draft version of the policy was completed by a human resources consultant.

# Information Services

The Thérèse Brady Library, based at our offices in Morrison Chambers, holds a collection of books, journals and reference sources for health professionals, students and the public. Our catalogue can be searched through our website and we endeavour to keep up-to-date by adding to our collection each year.

Work continued on creating a database of Irish research on death, dying, bereavement and grief over the past five years. It is hoped to have up to 100 research theses listed when the database is complete.



The Thérèse Brady Library

## Outreach activities

The IHF's outreach initiatives during 2006 were aimed at making literature on bereavement more accessible to the public either through the IHF itself or through local libraries. We continued to promote our book lending service to the general public and made recommendations to public libraries on bereavement books to be purchased for the local library stock.

Material was distributed to libraries in the prison service, resource officers in the Health and Safety Executive, the Chaplains' Association and the Children's Literature Group of the Library Association. The IHF's bereavement leaflets were widely distributed through the library. Sponsorship for the printing of the bereavement leaflets was received from BUPA and later Johnson and Johnson and a new title was added to the series during 2006.

In April, the Sarah Davies Memorial Trust awarded the library a grant towards the production costs and

dissemination of a new DVD called *Breaking Bad News - Communicating in Difficult Circumstances*. The DVD, produced through the HFH programme, was launched at a reception in Morrison Chambers in September.

## World Hospice and Palliative Care Day

World Hospice and Palliative Care Day on 7th October was marked by the distribution of

bereavement leaflets to every public library in the country.

Dr Jerusha McCormack, author of *Grieving: a beginners guide*, gave a public talk in the ILAC library in Dublin as part of the activities to mark World Hospice and Palliative Care Day. A series of talks, *Lost for words; words for loss*, were also held in public libraries during October and November by Breffni McGuinness, Training Officer at the IHF.



The Davis family with Joe Duffy who launched the *Breaking Bad News - Communicating in Difficult Circumstances* DVD.

# Research

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Almost 30,000 people die each year in Ireland, of whom 77% are aged 65 years and over

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The IHF's Thérèse Brady scholar, Amanda Roberts.

## The IHF continued to financially support major research projects in the areas of hospice/palliative care and bereavement during the year.

Philip Larkin completed his term as IHF/Health Research Board Health Services Research Fellow in Palliative Care. He submitted material to be awarded a Ph.D and his work will be published in international journals throughout 2007. Philip's research examined people's experiences of moving into palliative care and hospice services and how their understandings and experiences may be best supported.

The IHF entered into a second agreement with the Health Research Board to fund a three-year Fellowship in Palliative Care. Applications were received in October 2006 and a decision will to be made early in 2007.

The IHF agreed to fund two projects during 2006 which looked at how palliative care may offer support in understanding and treating illnesses other than cancer.

Ms Sinead O'Toole, School of Nursing and Midwifery at UCD,

was successful in obtaining matched funding from the IHF and the HRB to pursue her two year study examining the quality of care for people with Motor Neurone Disease during the last stages of their illness. Dr Mary McCarron (TCD) and Ms Geryl Hynes (RCSI) are studying the role of palliative care in treating chronic respiratory illness. The IHF awarded funding for a concurrent research project to examine the role of and challenges for family carers of patients with this illness.

Our Thérèse Brady Scholar, Amanda Roberts, who is based at St. Francis Hospice in Raheny, continued her research into hospice bereavement services.

In January 2006 the IHF organised research training specifically for doctors and hosted by Milford Care Centre in Limerick. Prof. David Clark, Visiting Professor of Hospice Studies, chaired the day. At the end of 2006, some research conducted by Dr Sinead Donnelly of Limerick and funded by the IHF, was published in the journal

*Mortality*. It identified the important aspects of dying at home and how families may be helped by professionals.

Almost 30,000 people die each year in Ireland, of whom 77% are aged 65 years and over (CSO, 2006). The IHF, through our HfH Programme, joined with the National Council for Ageing and Older People to commission a research study. The aim of the research is to provide an in-depth understanding of the many aspects of providing care for older people dying in acute and community hospitals and long stay care settings.

In Autumn 2006 the research contract was awarded to Prof. Eamon O'Shea and Mr. Philip Larkin with colleagues from NUI Galway and the University of Lancaster. The study will be completed in November 2006.



Philip Larkin who has completed his term as the IHF/Health Research Board Health Services Research Fellow in Palliative Care.

# Advocacy and Awareness Raising

In line with the IHF's objectives to promote the development of hospice services in Ireland, the IHF worked during the year to raise public awareness of hospice care and to influence policy development on issues affecting end-of-life care.

The findings of the publication, *A Baseline Study on the Provision of Hospice/Specialist Palliative Care Services in Ireland*, was central to the IHF's advocacy and communications activities.



John Healy of Atlantic Philanthropies, the Minister for Health and Children Mary Harney, T.D. and Eugene Murray of the IHF at the launch of the Baseline Study.

## ADVOCACY

The advocacy agenda of the IHF was influenced by the fact that a general election loomed in 2007, the social partners were engaged in discussions for a new national agreement and the National Development Plan was being completed.

The evidence-based Baseline Study formed the basis of the communications with all politicians and policy influencers. Following the launch of the document, a series of briefing sessions were held with trade unions, research organisations and NGOs.

In the early part of the year, the focus of the IHF's advocacy agenda was the social partnership talks. Information was disseminated to organisations involved in the

process. These interventions proved successful when a commitment to develop hospice services was included in the new Social Partnership programme which was announced in June.

A submission was made to the National Development Plan seeking significant capital investment in hospice services over a specific timeframe. A commitment to improve hospice services was included in the NDP plan for the 2008-2016 period.

The IHF continued to work in partnership with the ICS and the IAPC and a joint pre-budget submission was presented to the Department of Finance. The three organisations also joined forces to communicate with the Department of Health and Children.

In the run-up to the election, briefing documents including the joint pre-budget submission were distributed to TDs and party researchers in each political party. They were asked to include a commitment to develop hospice services in their election manifestos. Letters were also sent to the leaders of the political parties requesting that a commitment to hospice care be included in any Programme for Government.

The IHF joined four other organisations – Age Action Ireland, the Senior Help Line, Age & Opportunity and the Irish Senior Citizens Parliament – in the *Older & Bolder* campaign to have the political parties agree to devise a National Strategy for Older People during the next administration.

## COMMUNICATIONS

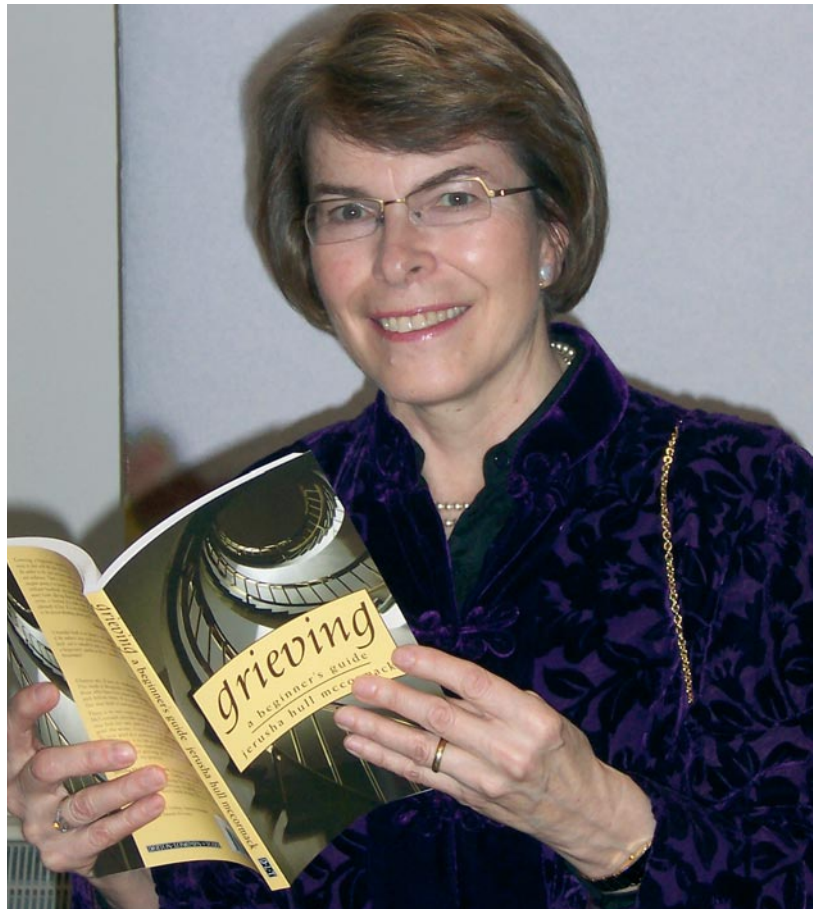
The launch of the publication, *A Baseline Study on the Provision of Hospice/Specialist Palliative Care Services in Ireland*, on 31st March was one of the most significant dates on the communications calendar.

Extensive print and broadcast coverage was generated for this report which highlighted the inequities in accessing Hospice services countrywide.

Significant media coverage was secured for the series of seminars on bereavement for managers under the IHF's *Grief at Work* programme.

The IHF supported the launch in February of a book on bereavement entitled, *Grieving: a beginner's guide*, by Dr Jerusha Hull McCormack. Once again this event was covered in the broadcast and print media.

A series of leaflets on aspects of bereavement, written by Irish social workers and psychologists, secured sponsorship by BUPA Ireland and were launched in May by



Dr Jerusha Hull McCormack whose book on bereavement *Grieving: a beginners guide*, was launched in the IHF's offices.

RTE's Joe Duffy. The media coverage of the leaflets generated interest and further reprints were ordered. The sponsorship of the leaflets was later taken up by Johnson & Johnson and a further leaflet was added to the series.

A public lecture by Professor David Clark in November on global hospice services was picked up by the media.

Communications support was provided to the HfH programme as it extended an invitation to

groups of hospitals to submit 'Expressions of Interest' in taking part in the initiative and when it advertised for a series of positions in the HfH team.

In May, Ken Warpole delivered an illustrated lecture entitled, *The Evening Land: Architecture, Design, Dying and Death*, in which he looked at different European traditions in looking at dying, death and memorialisation.



# Support and Development

**Our key ongoing development initiative, the *HfH* Programme, received substantial support from the Atlantic Philanthropies and the HSE in 2006. Meanwhile, progress was made in developing a strategy for services for children with life limiting illnesses and in providing care to non-cancer patients.**

On 31st March, the Tanaiste and Minister for Health and Children, Mary Harney T.D. launched the report, *A Baseline Study on the Provision of Hospice/Specialist Palliative Care Services in Ireland*. This important work assessed progress in palliative care following the 2001 report of the National Advisory Committee on Palliative Care which was endorsed as Government policy.

## **Non-Cancer Patients**

The Baseline Study revealed poor services for patients with illnesses other than cancer. In 2006, the IHF formalised a grant system for providing night nursing for patients in the last days of their lives and suffering from an illness other than cancer.

Palliative care teams across the country were able to make a referral or recommendation for night nursing. ICS nurses provided the nursing service which was funded by the IHF. This scheme will be reviewed and monitored over a year.

## **Children**

2006 was a year of planning for a comprehensive range of supports for children with life-limiting illness and their families.

After the publication of the report, *A Palliative Care Needs Assessment for Children*, on 27th September 2005, the IHF brought together the Health Service Executive and others involved in care for children to identify some priorities for moving forward.

Plans have been developed to support Outreach Nurses in each of the HSE regions, to devise a far reaching education programme and to set up a database of children with life-limiting illness in Ireland in order to ensure that the services developed are in the right locations to care for children and their families.



The IHF committed significant funds for these new initiatives which were earmarked for 2007. The Department of Health and Children agreed to co-fund these projects as a first step to providing excellent care for children with palliative care needs.

The IHF continued to support the LauraLynn Foundation which is now working with the Children's Sunshine Home. The LauraLynn House Paediatric Palliative Care unit – which will be located on the Sunshine Home site in Leopardstown - is to provide eight bedrooms, living facilities as well as four family apartments, to enable relatives to be close to their children.

## Bereavement Care

The partnership project on bereavement care with the HSE South East (Carlow, Kilkenny, Waterford, and South Tipperary) continued. The IHF funded the post of bereavement care liaison officer which was held by Ms Brid Carroll.

Based in Waterford, Brid initiated a series of region-wide activities designed to promote excellent bereavement care. She convened 'training the trainers' programmes to raise awareness and capacity in hospitals and other locations. She also developed resources and protocols for professionals and volunteers who meet bereaved people as part of their work. In October Brid organised a day-long Forum attended by people across the region who have an interest in bereavement work.

With the help of our sponsors, BUPA Ireland and Johnson & Johnson, the IHF published a series of leaflets on different aspects of grief and loss.

The IHF continued to provide funding during the year to the Bereavement Support Services of

Our Lady's Hospice, Harold's Cross, and St Francis Hospice, Raheny which were engaging social workers specifically to focus on bereavement work.

Towards the end of 2006, plans were made to develop a book of Irish people's stories of their own experiences of loss, to be entitled, *Irish Stories of Loss and Hope*.

## Other Support

The IHF made commitments in 2006 to support the education function at Marymount Hospice in Cork by funding a member of staff for the education department.

Other grants were made during the year to the IAPC and to a variety of individuals and organisations through our Education and Hardship Funds. Internationally, funding was granted to two students from India and Moldova to allow them to attend a two-week Research Summer School at the International Observatory on End of Life Care at Lancaster University.

A Special Interest Group (SIG) on Dying and Bereavement was



Professor Sheila Payne

initiated by the IHF and set up under the auspices of the Psychological Society of Ireland (PSI). It is for psychologists who work with dying or bereaved people or who teach and conduct research in this area. The aim of the group is to promote the role of psychologists in the field and to provide a forum for networking and shared knowledge and skills. Dr Susan Delaney is the Chair of the SIG and Orla Keegan is the Secretary.

Prof. Sheila Payne gave the inaugural lecture to a group of 25 psychologists attending the SIG at the IHF's offices on 25<sup>th</sup> March.

A second meeting of the SIG was held during the PSI annual conference in Galway on 11<sup>th</sup> November 2006 and the following day the SIG presented a symposium entitled: *Dying and Bereavement: the Role of Psychology* at the conference.

# Hospice Friendly Hospitals Programme

**The purpose of the Care for People Dying in Hospitals Project (2004-2006), the predecessor of the HfH Programme, was to pioneer a process for initiating comprehensive change in the culture of care and organisation with regard to dying, death and bereavement in hospitals.**

The project, which took place in our Lady of Lourdes Hospital in Drogheda, also aimed to enable the adoption of these changes in other hospitals, nationally and possibly internationally.

In March 2006, at the end of the project, it was awarded a Taoiseach's Public Sector Excellence Award and it was one of only three such award winners to represent Ireland at the 4th Quality Conference for Public Administrations in the European Union in Finland in September 2006. In December 2005 it had received the Best Hospital Project Award of the Irish Healthcare Pharmaceuticals Industry.

Informed by the experience of the pilot project, the feedback from a national conference in 2005 and with the support of Atlantic Philanthropies, the IHF began planning a national HfH

Programme. During this planning phase the following activities were undertaken:

## **Expressions of Interest**

Hospitals were invited, through newspaper advertisements and direct letters, to respond to a 'Call for Expressions of Interest' in participating in a national programme aimed at improving care of the dying and focusing around four key themes generated from the pilot project: Integrated Care; Communications Skills; Dignity & Design; Patient Autonomy.

Expressions of Interest were received on behalf of 18 hospitals (50% of acute hospitals with accident & emergency facilities) and from significant groupings of non-acute community hospitals and care facilities for older people.

A number of hospitals, which were initially interested in making a submission, did not proceed to do so. However, all indicated an interest in participating at a later stage.

Those Expressions of Interest which were received were reviewed and a meeting took place with each submitting group in order to

deepen the understanding of their needs and provide an opportunity to assess their capacity for development.

## **Strategy Workshops**

A series of strategy workshops and consultations considered issues relating to each of the key themes in order to inform the planning and development of the programme.

Significant expert opinion was involved in workshops and in follow-on meetings. One such workshop included a former Taoiseach and members of the Supreme Court discussing a possible legislative strategy. Another involved leading architects, Department of Health and Children advisers and clinical practitioners discussing possibilities for enhancing dignity through better design and use of buildings and facilities.

The purpose of these workshops was as follows:

### **Patient Autonomy**

#### *Legislative Framework:*

The establishment of a clear legislative framework to ensure patient and surrogate autonomy and to underpin the concept of 'a good death'.

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In March 2006, at the end of the project, it was awarded a Taoiseach's Public Sector Excellence Award and it was one of only three such award winners to represent Ireland at the 4th Quality Conference for Public Administrations in the European Union.

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### *Ethical Framework:*

The establishment of a comprehensive ethical framework to underpin the concept of ‘a good death’, to identify the rights and responsibilities of patients, clinicians and families and provide a means for addressing advocacy issues.

### **Communication**

To explore how communication skills for all hospital staff can be developed in a systematic way in respect of communicating in difficult circumstances such as diagnosis, dying, death and bereavement.

### *Information Needs*

The identification of key information needs and resources regarding dying, death and bereavement in Irish hospitals, (including needs related to religion and culture) and the development of an outline strategy for addressing needs and ensuring co-ordinated development.

### **Design & Dignity**

To explore how hospital facilities can be developed in order to ensure dignity, privacy and confidentiality and a sense of community in support of people who are dying in hospitals, their families and staff.

### **Integrated Care**

The development of an integrated approach to the process of caring for people dying in Irish hospitals and for their relatives. This way of

working would be capable of linking the clinical, administrative and support functions of a hospital. This would provide a supportive context within which integrated care pathways and other patient care initiatives would be developed and monitored as international standards.

### **Consultations**

#### **Study visits**

Study visits were undertaken to a range of hospitals and care facilities in Ireland, Norway and Sweden and were particularly useful in progressing the ‘Design & Dignity’ theme and developing important contacts with international expertise.

#### **Dialogue with Centres of Expertise**

A wide range of organisations and individuals were consulted regarding aspects of the development of the programme. These included:

- Our Lady’s Hospital for Sick Children in Crumlin.
- St Olaf’s Hospital & Hotel in Trondheim, Norway.
- The Karolinska Institute & Hospital in Stockholm, Sweden.
- Tribal Consulting in the United Kingdom.
- Royal College of Surgeons in Ireland.
- Centre for Health Design.
- Dundalk Institute of Technology.
- Health Services National Partnership Forum.



The Ombudsman, Emily O’Reilly, attended one of the strategic workshops organised as part of the planning process for the HfH programme.

- Comhairle.
- National Hospitals Office of the Health Service Executive.
- International Observatory on End of Life Care at Lancaster University.
- Northern Ireland Hospice.
- National Council on Ageing and Older People.

At the conclusion of the planning phase in December 2006, Atlantic Philanthropies agreed to contribute €5 million of an estimated €10 million required to meet the operational costs of a five-year programme. A recruitment process for standards and development staff was already under way by the end of the year.

Crucial to the success of this Programme will be the development of a comprehensive framework of standards regarding dying, death and bereavement within the first three years.



Launching *Sunflower Days* (above), and (below) Mark Cagney and Colombian dancers launch *Ireland's Biggest Coffee Morning*.



# Fundraising

**The IHF continued to enjoy public support for its fundraising events and has also built up a strong base of committed corporate partners.**

The IHF developed a new database system and Ria O'Hare joined the team in mid August. She is working on a part-time basis in managing our supporter care.

## Annual Events

Hospice *Sunflower Days* took place on 9th and 10th June. This year's event was once again sponsored by Tayto which funded an extensive TV/radio advertising and promotion campaign to raise awareness of this important fundraiser.

21st September was the date of *Ireland's Biggest Coffee Morning* with Bewleys as the sponsor for the thirteenth year running. An event took place on 20th September at Bewley's in Grafton Street and featured a live performance from a group of Colombian Dancers. TV3's Mark Cagney was the special guest on the night which was attended by about 150 friends and supporters of the IHF.



The Howth Walk Committee, including chairperson Joan Wylde (second from left on back row), which has raised funds for the Children's Oncology Nursing Liaison Service at Our Lady's Hospital for Sick Children since 1989.

## Support for Children's Services

The 17th annual Lady Golfers sponsored walk of Howth Head took place on 13th May. Some 120 lady golfers took part on the day raising €27,500 for the Children's Oncology Nursing Liaison Service based at Our Lady's Hospital for Sick Children in Crumlin.

Some 26 primary schools countrywide took part in the fourth annual *Muc-in for Hospice* fundraising drive on 31st March and raised €14,252 for children's hospice care. The pupils of Realt na Maidne primary school in Sligo won the prize of a trip to Fossett's circus. Meanwhile, a new home for Muc was found at Barrettstown Gang Camp in Co. Kildare.

Muc was the 12-foot high, 8-foot wide flying pig which stood

outside the terminal building at Dublin airport for a number of years. It became the emblem of a fundraising venture aimed at supporting the development of Hospice care for sick children in Ireland.

## Campaigns

A direct mail campaign was organised in May to raise funds for paediatric palliative care. The campaign raised more than €100,000 in gross income. Additional copies of the direct mail were used, for the first time, as inserts in *The Irish Times* and the *RTE Guide*. A newsletter was produced for our supporters in November and raised €76,000 in net income.

Regular advertising on legacies continued to be placed in *The Irish Times* and the *Law Society*

Gazette and a significant legacy was left to the IHF during the year. The IHF is also a member of Legacy Promotion Ireland, which commissioned some research on legacy trends in Ireland.

## CORPORATE FUNDRAISING

The IHF has entered into partnership with many of Ireland's leading companies. The current companies involved with our *Give As You Earn* programme are Royal & Sun Alliance, the Communications Workers Union, MDL, IDL, SAP, Enterprise Ireland, NSAI, FAS and Watson Wyatt.

The IHF was chosen as the charity partner for many organisations during the year including Bank of Scotland (Ireland), Anglo Irish Bank, NTR and the Mellon Administration.

Statoil has committed to support the IHF until the end of 2007 and collection boxes were placed in its 100 stores. 2006 was the second year of a three year partnership with Ladbrokes and collection boxes were distributed

to Ladbrokes' shops nationwide. Our partnership with permanent tsb, which runs until April 2007, is based around staff fundraising initiatives. The Argos 'Charity of the Year' initiative, which got under way in July 2005, continued and has raised over £670,000 between Ireland and the UK. The initiative continues until 2007.

PA-Assist chose the IHF as its partner for its annual conference in November; Accenture organised a successful fashion show in the Autumn and the IHF was chosen as the charity partner for the Dublin Chamber of Commerce Christmas luncheon. Another highlight was receiving a donation from the Springhill Trust. BUPA Ireland and later Johnson & Johnson support was also secured as sponsors of IHF bereavement leaflets.

Meanwhile, as a result of a successful recruitment drive in 2006, the number of Greencom subscribers has increased to approximately 80.

## GOLF

Stan Fox, the Captain of Dun Laoghaire Golf Club, granted

the IHF the use of the course on 9th July. Some 21 teams took part in a golf event and a total of €22,690 was raised.

The 2006 *Nearest-the-Pin* competition took place around World Hospice and Palliative Care Day on 7th October and raised €32,289. Some 79 Club Teams and 12 societies registered to participate, including all 24 Golf Societies in Leopardstown Golf Centre.

## CARDS

The non-denominational *Solais* sympathy cards continued to raise funds. The IHF did not produce its own cards at Christmas 2006 but focused instead on promoting donations in lieu of Christmas cards and selling existing stock.

In February 2006, An Post launched their St. Patrick's Day cards which were sold in post offices countrywide. The IHF received €47,500, a percentage of the sale of the cards.

## SPECIAL EVENTS

The *Celebrity Jigs n' Reels* television programme ran over six weeks from March to April on RTE 1. Dana Rosemary Scallan nominated the IHF as her chosen charity and raised €29,792.

*Charity You're A Star* ran for 10 nights in July – August on RTÉ 1. The IHF was nominated as the

IHF Chief Executive Officer Eugene Murray (second from right), accepting a cheque for €6,200 from Forrest Little Golf Club - the most raised from one golf club involved in the *Nearest-the-Pin* competition.







Senator Frank Feighan, Billy Kelleher T.D., Dan Boyle T.D. and Senator Michael McCarthy performed as 'The Politicians' on *Charity You're A Star*.

chosen charity for a group known as 'The Politicians', a rainbow coalition comprising Billy Kelleher T.D., Senator Frank Feighan, Dan Boyle T.D. and Senator Michael McCarthy. The group raised €14,705 for the IHF.

Some 54 runners raised €8,456.50 for the IHF when they took part in the Flora Women's Mini Marathon on 5th June. The IHF also teamed up with pigsback.com as their chosen charity for this year's mini-marathon.

At the height of the *Peter & The Wolf* project, Fender donated a

Dana Rosemary Scallan raised €29,792 on *Celebrity Jigs and Reels* and presented the cheque to IHF Chairman, Denis Doherty.

special edition guitar which featured Bono's illustrations. This guitar was part of an exhibition called *RockChic: the Life and Times of the Electric Guitar, 1931-2006*, at the National Museum of Ireland from November 2006 to January 2007. The guitar will be auctioned in Gibson Hall, London on 31st May 2007 with proceeds to go to the IHF.



Meanwhile, sales of the limited editions of *Peter & The Wolf* were very successful in 2006, raising over €100,000.

**Our sincere thanks to all our sponsors, donors, committee member and other supporters.**

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# Financial Activities

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# Independent Auditors Report To The Directors of The Irish Hospice Foundation Limited

We have audited the financial statements on pages 28 to 36. These financial statements have been prepared under the accounting policies set out in the statement of accounting policies on page 30.

## Respective responsibilities of directors and auditors

The directors of the company are responsible for the preparation of the financial statements in accordance with applicable law and accounting standards issued by the Accounting Standards Board and promulgated by the Institute of Chartered Accountants in Ireland (Generally Accepted Accounting Practice in Ireland).

Our responsibility is to audit the financial statements in accordance with relevant legal and regulatory requirements and International Standards on Auditing (UK and Ireland). This report, including the opinion, has been prepared for and only for the company's members as a body in accordance with Section 193 of the Companies Act, 1990 and for no other purpose. We do not, in giving this opinion, accept or assume responsibility for any other purpose or to any other person to whom this report is shown or into whose hands it may come save where expressly agreed by our prior consent in writing.

We report to you our opinion as to whether the financial statements give a true and fair view, in accordance with Generally Accepted Accounting Practice in Ireland, and are properly prepared in accordance with the Companies Acts 1963 to 2006. We also report to you whether in our opinion: the company has kept proper books of account; and whether the information given in the director's report is consistent with the financial statements. In addition we state whether we have obtained all the information and explanations necessary for the purposes of our audit and whether financial statements are in agreement with the books of account.

We also report to you if, in our opinion, any information specified by law regarding directors' remuneration and directors' transactions is not disclosed and, where practicable, include such information in our report.

We read the director's report and consider the implications for our report if we become aware of any apparent misstatement within it.

## Basis of audit opinion

We conducted our audit in accordance with International Standard on Auditing (UK and Ireland) issued by the Auditing Practices Board. An audit includes examination, on a test basis, of evidence relevant to the amounts and disclosures in the financial statements. It also includes an assessment of the significant estimates and judgments made by the directors in the preparation of the financial statements, and of whether the accounting policies are appropriate to the company's circumstances, consistently applied and adequately disclosed.

We planned and performed our audit so as to obtain all the information and explanations which we considered necessary in order to provide us with sufficient evidence to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or other irregularity or error. In forming our opinion we also evaluated the overall adequacy of the presentation of information in the financial statements.

### **Opinion**

In our opinion the financial statements give a true and fair view, in accordance with Generally Accepted Accounting Practice in Ireland, of the state of the company's affairs as at 31st December 2006 and of its result for the year then ended and have been properly prepared in accordance with the Companies Acts 1963 to 2006.

We have obtained all the information and explanations we consider necessary for the purposes of our audit. In our opinion, proper books of account have been kept by the company. The company's financial statements are in agreement with the books of account.

In our opinion, the information given in the director's report is consistent with the financial statements.

**Gaby Smyth & Company**  
Chartered Accountants  
and Registered Auditors  
92 Merrion Road  
Ballsbridge  
Dublin 4

17<sup>th</sup> April 2007

## Statement of Financial Activities for the year ended 31st December 2006

|   | Notes | 2006<br>€<br>Unrestricted<br>Funds | 2006<br>€<br>Restricted<br>Funds | 2006<br>€<br>Total<br>Funds | 2005<br>€<br>Total<br>Funds |
|---|-------|------------------------------------|----------------------------------|-----------------------------|-----------------------------|
| Incoming Resources                                    | 2     |                                    |                                  |                             |                             |
| <i>Incoming Resources From Generated Funds</i>        |       |                                    |                                  |                             |                             |
| <i>Voluntary income:</i>                              |       |                                    |                                  |                             |                             |
| Donations   |       | 776,013                            | 88,649                           | 864,662                     | 1,115,337                   |
| Legacies  |       | 538,640                            | -                                | 538,640                     | 265,062                     |
|   |       | <u>1,314,653</u>                   | <u>88,649</u>                    | <u>1,403,302</u>            | <u>1,380,399</u>            |
| <i>Activities for generating funds:</i>               |       |                                    |                                  |                             |                             |
| Fundraising Income                                    |       | 551,320                            | 51,447                           | 602,767                     | 1,993,905                   |
| Training and Education Programmes                     |       | 158,618                            | -                                | 158,618                     | 127,731                     |
|   |       | <u>709,938</u>                     | <u>51,447</u>                    | <u>761,385</u>              | <u>2,121,636</u>            |
| <i>Investment income</i>                              |       | 75,465                             | -                                | 75,465                      | 47,527                      |
| <i>Incoming Resources from Charitable Activities:</i> |       |                                    |                                  |                             |                             |
| Grants  |       | -                                  | 647,780                          | 647,780                     | 294,741                     |
| <b>Total Incoming Resources</b>                       |       | <u>2,100,056</u>                   | <u>787,876</u>                   | <u>2,887,932</u>            | <u>3,844,303</u>            |
| <b>Resources Expended</b>                             |       |                                    |                                  |                             |                             |
| <i>Cost of Generating Funds:</i>                      |       |                                    |                                  |                             |                             |
| Fundraising Cost                                      | 5     | (497,153)                          | -                                | (497,153)                   | (445,815)                   |
| <i>Charitable Activities:</i>                         |       |                                    |                                  |                             |                             |
| Grant Aid   | 3     | (887,237)                          | (806,346)                        | (1,693,583)                 | (2,475,686)                 |
| National Bereavement Centre                           | 4     | (772,243)                          | -                                | (772,243)                   | (722,815)                   |
| Management and Administration                         | 6     | (120,572)                          | -                                | (120,572)                   | (109,637)                   |
| <b>Total Resources Expended</b>                       |       | <u>(2,277,205)</u>                 | <u>(806,346)</u>                 | <u>(3,083,551)</u>          | <u>(3,753,953)</u>          |
| <b>Net Incoming/(Outgoing) Resources</b>              |       | <u>(177,149)</u>                   | <u>(18,470)</u>                  | <u>(195,619)</u>            | <u>90,350</u>               |
| Transferred from/to General Reserves                  |       | (177,149)                          | (18,470)                         | (195,619)                   | 90,350                      |
| <b>Funds at the Beginning of the Year</b>             |       | <u>3,357,300</u>                   | <u>20,486</u>                    | <u>3,377,786</u>            | <u>3,287,436</u>            |
| <b>Funds at the End of the Year</b>                   |       | <u>3,180,151</u>                   | <u>2,016</u>                     | <u>3,182,167</u>            | <u>3,377,786</u>            |

There are no recognised gains or losses other than the incomings/outgoings for the above two financial years. The financial statements were approved by the Board on 17<sup>th</sup> April 2007 and signed on its behalf by

DIRECTOR

DIRECTOR

# Balance Sheet

as at 31st December 2006

|   | Notes | €                | 2006<br>€        | €                | 2005<br>€        |
|---|-------|------------------|------------------|------------------|------------------|
| <b>Fixed Assets</b>                                   |       |                  |                  |                  |                  |
| Tangible Assets                                       | 11    |                  | 357,711          |                  | 401,408          |
| <b>Current Assets</b>                                 |       |                  |                  |                  |                  |
| Stock   | 12    | 223,109          |                  | 45,320           |                  |
| Debtors   | 13    | 671,555          |                  | 1,762,584        |                  |
| Cash at bank and in hand                              |       | 2,695,641        |                  | 3,032,232        |                  |
|   |       | <u>3,590,305</u> |                  | <u>4,840,136</u> |                  |
| <b>Creditors: Amounts falling due within one year</b> | 14    | (548,782)        |                  | (1,787,441)      |                  |
| <b>Deferred Income</b>                                | 15    | <u>(217,067)</u> |                  | <u>(76,317)</u>  |                  |
| <b>Net Current Assets</b>                             |       |                  | 2,824,456        |                  | 2,976,378        |
| <b>Total Net Assets</b>                               |       |                  | <u>3,182,167</u> |                  | <u>3,377,786</u> |
| <b>Reserves and Funds</b>                             |       |                  |                  |                  |                  |
| Restricted Funds                                      | 9     |                  | 2,016            |                  | 20,486           |
| Unrestricted Funds                                    | 9     |                  | 3,180,151        |                  | 3,357,300        |
|   |       |                  | <u>3,182,167</u> |                  | <u>3,377,786</u> |

The financial statements were approved by the Board on 17<sup>th</sup> April 2007 and signed on its behalf by

DIRECTOR

DIRECTOR

# Notes to the Financial Statements

for the year ended 31st December 2006

## Accounting Policies for the Year Ended 31st December 2006

These financial statements have been prepared in accordance with applicable Accounting and Financial Reporting Standards. The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the financial statements.

### 1.1 Accounting Convention

The financial statements are prepared under the historical cost convention.

#### Format of Financial Statements

The financial statements, which have been prepared in accordance with applicable accounting standards are drawn up to comply with the provision of the Company Acts, 1963 to 2006.

The financial statements are presented in a form, which complies with the Statement of Recommended Practice (SORP) for Charities as issued by the Charities Commissioners for England and Wales in March 2005. As a result of adopting the requirements of the SORP for Charities, the Financial Statements include a detailed Statement of Financial Activities.

### 1.2 Tangible Fixed Assets & Depreciation

Depreciation is calculated to write off the cost of fixed assets over their useful lives at the following annual rates:

|                         |                     |
|-------------------------|---------------------|
| Furniture and equipment | 20% Straight Line   |
| Computer Equipment      | 33% Straight Line   |
| Leasehold Improvements  | 6.67% Straight Line |

### 1.3 Stocks

Stocks are valued at the lower of cost and net realisable value.

### 1.4 Income and Expenditure

Income and expenditure are accounted for on an accruals basis where applicable.

Voluntary donations are recognised upon entry to the Foundation's accounting records.

### 1.5 Donations

Monies received or raised for a specific hospice activity are set aside in a separate restricted fund to be applied thereto. Donations received for a specific hospice are included in donation income.

### 1.6 Government Grants

Capital grants received and receivable are credited to a deferred income account and released to revenue at the same rate as the assets to which they relate are depreciated. Revenue grants are credited to revenue in the period to which they relate.

## 1.7 Pension Costs

Contributions payable to the pension scheme are charged to the Statement of Activities.

## 1.8 Resources expended

Resources expended are analysed between Grant Aid, National Bereavement Centre, costs of fundraising and management and administration costs. Where costs cannot be directly attributed, they are allocated in proportion to the benefits received. Salaries and associated costs which can be attributed to specific projects are charged accordingly.

## 2. Incoming Resources

|  | 2006<br>€               | 2005<br>€               |
|--|-------------------------|-------------------------|
| <b>Donations</b>                         |                         |                         |
| General Donations                        | 76,113                  | 524,134                 |
| Campaigns                                | 788,549                 | 591,203                 |
|  | <u>864,662</u>          | <u>1,115,337</u>        |
| <b>Legacies</b>                          | 538,640                 | 265,062                 |
| <b>Fundraising Income</b>                |                         |                         |
| Fundraising Events                       | 425,058                 | 341,829                 |
| Card Sales                               | 50,310                  | 68,441                  |
| National Fundraising Event               | 127,399                 | 1,583,635               |
|  | <u>602,767</u>          | <u>1,993,905</u>        |
| <b>Training and Education Programmes</b> |                         |                         |
| Bereavement Workshops                    | 78,597                  | 68,800                  |
| University Post Graduate Course          | 49,190                  | 32,040                  |
| Outreach Training                        | 30,831                  | 26,891                  |
|  | <u>158,618</u>          | <u>127,731</u>          |
| <b>Deposit Interest</b>                  | 75,465                  | 47,527                  |
| <b>Grant</b>                             |                         |                         |
| Grants from Atlantic Philanthropies      | 475,332                 | 130,000                 |
| Grants from Health Service Executive     | 168,426                 | 164,741                 |
| Other Grants                             | 4,022                   | -                       |
|  | <u>647,780</u>          | <u>294,741</u>          |
| <b>Total Incoming Resources</b>          | <u><u>2,887,932</u></u> | <u><u>3,844,303</u></u> |



### 3. Grant Aid

|   | Note | 2006<br>€        | 2005<br>€        |
|---|------|------------------|------------------|
| Direct Grant Aid  | 10   | 1,169,846        | 1,974,805        |
| Sunflower Day, Coffee Morning & Tesco Charity of the Year |      | 74,741           | 150,252          |
| Salaries  |      | 405,943          | 309,491          |
| Office/Service Costs                                      |      | 43,053           | 41,138           |
| Total Direct Grant Aid Expenditure                        |      | <u>1,693,583</u> | <u>2,475,686</u> |

### 4. National Bereavement Education and Resource Centre

|   | 2006<br>€      | 2005<br>€      |
|---|----------------|----------------|
| Direct Cost of Courses  | 79,216         | 69,798         |
| Information Centre  | 11,206         | 18,808         |
| Direct Expenditure on Advocacy Programme                        | 19,229         | -              |
| Salaries  | 404,272        | 387,383        |
| Office/Service Costs  | 258,320        | 246,826        |
| Total National Bereavement, Education and Resource Centre Costs | <u>772,243</u> | <u>722,815</u> |

### 5. Fundraising

|                           | 2006<br>€      | 2005<br>€      |
|---------------------------|----------------|----------------|
| Fundraising Campaigns (1) | 152,865        | 89,885         |
| Direct Mail (1)           | 53,688         | 100,439        |
| Salaries                  | 204,495        | 173,216        |
| Office/Service Costs      | 86,105         | 82,275         |
| Total Fundraising Costs   | <u>497,153</u> | <u>445,815</u> |

(1) The fundraising benefits of these campaigns materialise in future years.

### 6. Management and Administration

|   | 2006<br>€      | 2005<br>€      |
|---|----------------|----------------|
| Salaries                                  | 70,921         | 62,099         |
| Audit Fees                                | 6,600          | 6,400          |
| Office/Service Costs                      | 43,051         | 41,138         |
| Total Management and Administration Costs | <u>120,572</u> | <u>109,637</u> |

## 7. Surplus of Expenditure over Income

|                                 | 2006<br>€     | 2005<br>€      |
|---------------------------------|---------------|----------------|
| This is stated after charging:- |               |                |
| Depreciation                    | 60,840        | 54,386         |
| Rent of Premises                | 190,461       | 171,414        |
| Auditor's Remuneration          | 6,600         | 6,400          |
|                                 | <u>60,840</u> | <u>171,414</u> |

## 8. Employees

|   | 2006<br>€        | 2005<br>€      |
|---|------------------|----------------|
| <b>Number of Employees</b>                                      |                  |                |
| The average monthly number of employees<br>During the year was: | 20               | 15             |
|   | <u>20</u>        | <u>15</u>      |
| <b>Employment Costs</b>   | €                | €              |
| Wages and Salaries  | 741,849          | 682,405        |
| Pension Costs   | 69,802           | 63,539         |
| Wages and Salaries Reallocation                                 | 273,980          | 186,245        |
|   | <u>1,085,631</u> | <u>932,189</u> |

## 9. Funds Balance

|                     | Balance<br>01/01/06<br>€ | Net<br>Income<br>€ | Grant<br>Aid<br>€  | Granted<br>Salary<br>€ | Balance<br>31/12/06<br>€ |
|---------------------|--------------------------|--------------------|--------------------|------------------------|--------------------------|
| Restricted          |                          |                    |                    |                        |                          |
| Children            | -                        | 88,649             | (88,649)           | -                      | -                        |
| Charity of the Year | -                        | 37,196             | (37,196)           | -                      | -                        |
| MUC                 | -                        | 14,251             | (12,235)           | -                      | 2,016                    |
| Grants received     | 20,486                   | 647,780            | (619,449)          | (48,817)               | -                        |
|                     | <u>20,486</u>            | <u>787,876</u>     | <u>(757,529)</u>   | <u>(48,817)</u>        | <u>2,016</u>             |
| Unrestricted        |                          |                    |                    |                        |                          |
| Other Activities    | 3,357,300                | 2,100,056          | (2,277,205)        | -                      | 3,180,151                |
|                     | <u>3,377,786</u>         | <u>2,887,932</u>   | <u>(3,034,734)</u> | <u>(48,817)</u>        | <u>3,182,167</u>         |

## 10. Grants -Other Activities

|   | 2006<br>€        | 2005<br>€        |
|---|------------------|------------------|
| <b>Unrestricted Grants</b>                      |                  |                  |
| Hospice Friendly Hospitals                      | 11,748           | 99,749           |
| Our Lady's Hospice Harold's Cross               | 30,000           | 30,000           |
| St. Francis Hospice Raheny                      | 53,748           | 17,358           |
| Educational Grants                              | 9,490            | 11,320           |
| Children's Needs Assessment                     | -                | 958              |
| Educational Needs Assessment                    | 26,718           | 5,324            |
| Other Grants                                    | 17,552           | 11,660           |
| Research and Development                        | 67,570           | 141,079          |
| Hardship Grants                                 | 3,420            | 12,905           |
| Irish Association of Palliative Care            | 15,000           | 15,000           |
| Visiting Professor, Lancaster University        | 41,620           | 8,616            |
| International Hospice Care                      | 26,764           | 15,229           |
| Bereavement Co-ordinator                        | 5,441            | 2,279            |
| Development Project                             | 70,837           | -                |
| Care for Non-Cancer Patients                    | 25,510           | -                |
| Argos, Charity of the year                      | 2,829            | -                |
| Workplace Bereavement Policy                    | 4,070            | 4,666            |
|   | <hr/>            | <hr/>            |
| <b>Total unrestricted Grants</b>                | <b>412,317</b>   | <b>376,143</b>   |
| <br>  |                  |                  |
| <b>Restricted Grants</b>                        |                  |                  |
| Tesco Charity of the Year                       | -                | 1,246,975        |
| Children's Liaison Service                      | 58,760           | 56,261           |
| Palliative Care, Crumlin                        | 9,107            | 56,520           |
| Research and Development                        | 1,250            | -                |
| LauraLynn Children's Hospice                    | -                | 20,000           |
| Baseline Study                                  | 50,000           | 97,770           |
| Hospice Friendly Hospitals                      | 345,116          | 103,558          |
| Educational Needs Assessment                    | -                | 10,183           |
| Older and Bolder Campaign                       | 224,333          | -                |
| Children's Sunshine Home                        | 31,767           | -                |
| Argos Charity of the Year                       | 37,196           | 7,395            |
|   | <hr/>            | <hr/>            |
| <b>Total Restricted Grants</b>                  | <b>757,529</b>   | <b>1,598,662</b> |
|   | <hr/>            | <hr/>            |
| <b>Total Expenditure on Grants and Projects</b> | <b>1,169,846</b> | <b>1,974,805</b> |

## 11. Tangible Assets

|                                   | Leasehold<br>Improvements<br>€ | Furniture<br>& Equipment<br>€ | Computer<br>Equipment<br>€ | Total<br>31/12/06<br>€ |
|-----------------------------------|--------------------------------|-------------------------------|----------------------------|------------------------|
| <b>Cost</b>                       |                                |                               |                            |                        |
| At 1 <sup>st</sup> January 2006   | 397,430                        | 153,249                       | 47,954                     | 598,633                |
| Additions                         | -                              | 8,289                         | 20,194                     | 28,483                 |
| Disposals                         | -                              | -                             | -                          | -                      |
| At 31 <sup>st</sup> December 2006 | <u>397,430</u>                 | <u>161,538</u>                | <u>68,148</u>              | <u>627,116</u>         |
| <b>Accumulated Depreciation</b>   |                                |                               |                            |                        |
| At 1 <sup>st</sup> January 2005   | 80,136                         | 87,167                        | 29,922                     | 197,225                |
| Charge for the Year               | 26,494                         | 19,449                        | 14,897                     | 60,840                 |
| Write off of Grant-aided assets   | -                              | 11,340                        | -                          | 11,340                 |
| At 31 <sup>st</sup> December 2006 | <u>106,630</u>                 | <u>117,956</u>                | <u>44,819</u>              | <u>269,405</u>         |
| <b>Net Book Value</b>             |                                |                               |                            |                        |
| At 31 <sup>st</sup> December 2006 | <u>290,800</u>                 | <u>43,582</u>                 | <u>23,329</u>              | <u>357,711</u>         |
| At 31 <sup>st</sup> December 2005 | <u>317,294</u>                 | <u>66,082</u>                 | <u>18,032</u>              | <u>401,408</u>         |

Included in "Furniture and Equipment" are assets with a net realisable value of €10,737 in respect of assets that were purchased in 2003 with a grant received from the Department of Health and Children.

## 12. Stock

|               | 2006<br>€      | 2005<br>€     |
|---------------|----------------|---------------|
| Stock on Hand | <u>223,109</u> | <u>45,320</u> |

## 13. Debtors

|                           | 2006<br>€      | 2005<br>€        |
|---------------------------|----------------|------------------|
| Fundraising Events        | 11,344         | 5,377            |
| Income Tax Refunds        | 15,000         | 12,000           |
| Deposit Interest          | 18,500         | 10,229           |
| Prepayments               | 126,602        | 16,366           |
| Tesco Charity of the Year | -              | 1,500,000        |
| Sundry Debtors            | <u>500,109</u> | <u>218,612</u>   |
|                           | <u>671,555</u> | <u>1,762,584</u> |

#### 14. Creditors

|                                      | <b>2006</b>    | <b>2005</b>      |
|--------------------------------------|----------------|------------------|
|                                      | <b>€</b>       | <b>€</b>         |
| Amounts falling due within one year: |                |                  |
| Grants                               | 10,737         | 22,077           |
| Heber                                | 53,176         | 53,128           |
| Trade Creditors and Accruals         | 451,612        | 1,675,754        |
| PAYE/PRSI                            | 33,257         | 36,482           |
|                                      | <u>548,782</u> | <u>1,787,441</u> |

#### 15. Deferred Income

|                                 | <b>2006</b>    | <b>2005</b>   |
|---------------------------------|----------------|---------------|
|                                 | <b>€</b>       | <b>€</b>      |
| At 1 <sup>st</sup> January 2005 | 76,317         | 77,904        |
| Movement for year               | 140,750        | (1,587)       |
| At 31st December 2006           | <u>217,067</u> | <u>76,317</u> |

#### 16. Commitments

|   | <b>2006</b>    |
|---|----------------|
|   | <b>€</b>       |
| The company has the following commitments at 31st December 2006 |                |
| Research and Education  | 162,000        |
| Operating Lease Commitments                                     | <u>190,461</u> |

#### 17. Approval of Financial Statements

The financial statements were approved by the board of directors on 17<sup>th</sup> April 2007.

# Corporate Information

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## **Chief Executive Officer**

Eugene Murray

## **Company Secretary**

Eugene Murray

## **Registered Office**

The Irish Hospice Foundation,  
Morrison Chambers, 32 Nassau Street, Dublin 2.

## **Auditors**

Gaby Smyth & Co. Ltd, 92 Merrion Road, Ballsbridge, Dublin 4.

## **Bankers**

Bank of Ireland, University Branch, Montrose, Dublin 4.  
AIB Bank, 1 Lower Baggot Street, Dublin 2.

## **Solicitors**

Eugene F. Collins, Temple Chambers, 3 Burlington Road, Dublin 4.

## **Board of Directors**

Denis Doherty, Chairperson  
Maryrose Barrington  
P.J. Brigdale \*\*  
Brendan Butler  
Cynthia Clampett  
Muiris FitzGerald  
Marian Finucane  
Tom Healy  
Miriam Hughes \*  
Gary Jermyn \*  
Antoin Murphy  
Kevin O'Dwyer  
Eileen Pearson  
Don Thornhill \*\*

*\*Outgoing in 2006*

*\*\*Incoming in 2006*

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## STAFF

### Education & Bereavement Resource Centre

Orla Keegan, Education, Research and Development Manager  
Susan Delaney, Bereavement Services Manager  
Caroline Pfeifer, Library and Information Centre Manager,  
Breffni McGuinness, Training Officer,  
Ginny Dunn, Project Manager, Postgraduate Interdisciplinary Education  
Irish Murray, administrator,  
Maura Dunne, Administration Assistant.

### Fundraising

Aisling Carr, Events Manager (to mid-year)  
Anne-Marie Butler, Events Manager (from mid-year)  
Criona Murray, Events Coordinator  
Karen Ciesielski, Campaigns Manager (to mid-year)  
Sarah Lock, Fundraising Manager (Campaigns) (from mid-year)  
Mary Millea, Business Development Executive  
Ria O'Hare, Supporter Care Executive.

### Programme Development Manager

Marie Lynch

### Hospice Friendly Hospitals Programme \*

Mervyn Taylor, Programme Manager  
Denise Robinson, Resource Coordinator  
Una Coughlan (to mid-year)  
Emma Meir (from mid-year)

### Communications

Caroline Lynch, Communications Manager

### Finance

Emer O'Riordan, Finance Manager

### Administration

Oona Walls, Office Manager  
Emer Connolly, PA to CEO

*\* This flagship project employs these staff in the Programme Office in the IHF premises at Nassau Street.*

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MORRISON CHAMBERS  
32 NASSAU STREET, DUBLIN 2

[www.hospice-foundation.ie](http://www.hospice-foundation.ie)