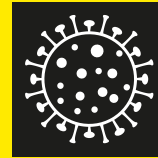


# Coronavirus COVID-19



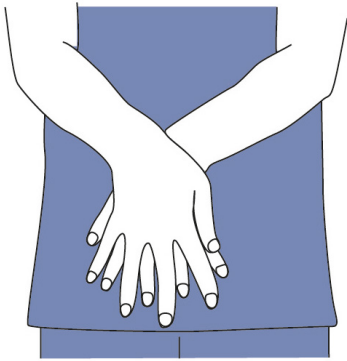
Coronavirus  
**COVID-19**  
Public Health  
Advice

## Putting on personal protective equipment (PPE)

### PRE-DONNING INSTRUCTIONS:

- Be well hydrated and have taken a toilet break
- Have secured your hair back off your face
- Have removed all jewellery including earrings
- Do not bring mobile phones/bleeps into an isolation area
- Be bare below the elbows

- 1** Perform hand hygiene before putting on PPE.



- 2** Put on apron and tie at waist.



- 3** Put on surgical or FFP2 mask: Mask with ties - tie the upper straps on top of head and bring the lower straps up in front of the ears and tie on top of head. Mask with loops - loop straps over the ears.



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- 4** With both hands, mould the metal strap over the bridge of your nose. If using an FFP2 mask, fit check every time.



[CLICK HERE FOR FIT CHECK GUIDE!](#)

- 5** Don eye protection if required.



- 6** Put on gloves.

